

2007 Cascade Conference Championships - 5/9/2007 to 5/11/2007

Cedarcrest HS

Results

Girls 100 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Sandri, Lauren	Jr	South Whidbey	12.77Q
2 Mayhle, Kimi	Sr	King's	12.78Q
3 Walker, McKenzie	Fr	South Whidbey	13.03Q
4 Howe, Michelle	Sr	Lakewood	13.31Q
5 Mitchell, Becca	Jr	Archbishop M	13.37Q
6 Bakke, Gwen	So	South Whidbey	13.45Q
7 Richards, Hope	Sr	South Whidbey	13.59q
8 York, Zara	So	Sultan	13.95q
9 Rondorf, Jade	Jr	Granite Falls	14.19
10 Blatchford, Sarah	Fr	King's	14.23
11 Hudson, Shelby	So	Cedarcrest	14.38

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Sandri, Lauren	Jr	South Whidbey	12.60 10
2 Mayhle, Kimi	Sr	King's	12.87 8
3 Howe, Michelle	Sr	Lakewood	12.97 6
4 Walker, McKenzie	Fr	South Whidbey	13.17 5
5 Mitchell, Becca	Jr	Archbishop M	13.25 4
6 Richards, Hope	Sr	South Whidbey	13.32 3
7 Bakke, Gwen	So	South Whidbey	13.42 2
8 York, Zara	So	Sultan	13.69 1

Girls 200 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Sandri, Lauren	Jr	South Whidbey	26.75Q
2 Walker, McKenzie	Fr	South Whidbey	27.05Q
3 Bremond, Erin	Jr	King's	27.40Q
4 Bos, Lindsey	Fr	Archbishop M	27.42Q
5 Cullimore, Lisa	Sr	Cedarcrest	27.55Q
6 Howe, Michelle	Sr	Lakewood	27.58Q
7 Brown, Audrey	So	Granite Falls	27.57q
8 Mitchell, Becca	Jr	Archbishop M	27.60q
9 Bakke, Gwen	So	South Whidbey	28.72
10 MacKay, Stephanie	So	Cedarcrest	28.97
11 Johnson, Paige	Fr	King's	30.34
12 Sweeza, Alex	Sr	Lakewood	32.89

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Sandri, Lauren	Jr	South Whidbey	26.64 10
2 Walker, McKenzie	Fr	South Whidbey	27.24 8
3 Bos, Lindsey	Fr	Archbishop M	27.34 6
4 Bremond, Erin	Jr	King's	27.45 5
5 Brown, Audrey	So	Granite Falls	27.54 4
6 Howe, Michelle	Sr	Lakewood	27.59 3
7 Cullimore, Lisa	Sr	Cedarcrest	27.76 2
8 Mitchell, Becca	Jr	Archbishop M	28.02 1

Girls 400 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Bos, Lindsey	Fr	Archbishop M	1:00.93Q
2 Brown, Audrey	So	Granite Falls	1:04.35Q
3 McCann, Renee	So	Sultan	1:04.41Q
4 Butler, Mareyoko	Jr	Lakewood	1:05.09Q
5 Dierickx, Erin	Fr	Lakewood	1:04.48Q
6 Quinn, Hillary	Fr	King's	1:05.45Q
7 Roberts, Eliza	Fr	Granite Falls	1:06.27q
8 Johnson, Paige	Fr	King's	1:07.00q
9 Paquette, Ashley	So	Cedarcrest	1:11.11

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Bos, Lindsey	Fr	Archbishop M	1:01.94 10
2 Quinn, Hillary	Fr	King's	1:02.91 8
3 Brown, Audrey	So	Granite Falls	1:03.43 6
4 Dierickx, Erin	Fr	Lakewood	1:04.63 5
5 Butler, Mareyoko	Jr	Lakewood	1:04.68 4
6 Roberts, Eliza	Fr	Granite Falls	1:05.43 3
7 McCann, Renee	So	Sultan	1:06.33 2
8 Johnson, Paige	Fr	King's	1:07.90 1

Girls 800 Meter Run

Name	Yr	School	Prelims
Preliminaries			
1 Thomas, Olivia	So	King's	2:19.83Q
2 Kearney, Erin	So	Cedarcrest	2:25.38Q
3 Johnson, Erica	Jr	South Whidbey	2:24.17Q
4 Dunn, Sarah	Jr	Lakewood	2:25.86Q
5 Northey, Megan	Jr	King's	2:24.52Q
6 Fletcher, Savannah	Fr	Archbishop M	2:27.28Q
7 Osti, Danielle	Sr	Lakewood	2:25.03q
8 Taylor, Makenzie	Fr	King's	2:34.97q
9 Werner, Taylor	Fr	Cedarcrest	2:35.01
10 Littlefield, Kayleen	So	Granite Falls	2:36.19
11 Kelly, Kaitlyn	Fr	Archbishop M	2:40.53
12 Howell, Kaitlan	Fr	Granite Falls	2:41.87
13 Nation, Lacey	So	Lakewood	2:42.50
14 Foster, Leah	So	Granite Falls	2:42.59
15 Luckinbill, Rebecca	So	Coupeville	2:49.19

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Kearney, Erin	So	Cedarcrest	2:22.81 10
2 Thomas, Olivia	So	King's	2:23.34 8
3 Johnson, Erica	Jr	South Whidbey	2:23.94 6
4 Osti, Danielle	Sr	Lakewood	2:25.84 5
5 Northey, Megan	Jr	King's	2:27.34 4
6 Fletcher, Savannah	Fr	Archbishop M	2:31.28 3
7 Dunn, Sarah	Jr	Lakewood	2:32.28 2
8 Taylor, Makenzie	Fr	King's	2:36.62 1

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Girls 1600 Meter Run

Name	Yr	School	Finals
1 Thomas, Olivia	So	King's	5:15.82 10
2 Kearney, Erin	So	Cedarcrest	5:16.56 8
3 Gogert, Corrine	Sr	Lakewood	5:20.73 6
4 Gordon, Katy	Sr	South Whidbey	5:21.46 5
5 Dowd, Missy	Fr	Cedarcrest	5:22.58 4
6 Dunn, Sarah	Jr	Lakewood	5:22.81 3
7 Moran, Lauren	Jr	Archbishop M	5:24.72 2
8 Morrill, Rici	Fr	Sultan	5:29.00 1
9 Habel, Caroline	So	South Whidbey	5:34.14
10 Bosman, Courtney	So	South Whidbey	5:36.48
11 Eslinger, Adelle	Fr	King's	5:40.60
12 Pyle, Mariah	Fr	Cedarcrest	5:45.32
13 Taylor, Makenzie	Fr	King's	5:47.52
14 Costigan, Jessica	Jr	Granite Falls	5:49.01
15 McDade, Sarah	So	Archbishop M	5:49.36
16 Bosman, Cassie	So	South Whidbey	5:50.19
17 Isaacson, Madeline	So	Coupeville	5:50.57
18 Littlefield, Kayleen	So	Granite Falls	5:52.64

Girls 3200 Meter Run

Name	Yr	School	Finals
1 Dowd, Missy	Fr	Cedarcrest	11:32.30 10
2 Gogert, Corrine	Sr	Lakewood	11:36.39 8
3 Gordon, Katy	Sr	South Whidbey	11:40.83 6
4 Morrill, Rici	Fr	Sultan	11:44.82 5
5 Eslinger, Adelle	Fr	King's	12:07.24 4
6 Habel, Caroline	So	South Whidbey	12:14.13 3
7 Pyle, Mariah	Fr	Cedarcrest	12:15.56 2
8 Bosman, Courtney	So	South Whidbey	12:19.84 1
9 Thompson, Becca	Jr	King's	12:29.03
10 Smith, Lauresa	So	King's	12:32.80
11 Bosman, Cassie	So	South Whidbey	12:34.67
12 Costigan, Jessica	Jr	Granite Falls	12:38.07
13 Johnson, Erica	Jr	South Whidbey	12:48.56
14 Taylor, Makenzie	Fr	King's	12:48.90
15 Sowards, Chelsea	Fr	Lakewood	12:50.06
16 Hodges, Tayla	Fr	Granite Falls	12:50.63
17 Ramirez, Caitlin	JR	Cedarcrest	13:03.16
18 Hitchcock, Amanda	So	Archbishop M	13:03.61
19 Stringer, Kate	Fr	Archbishop M	13:12.07
20 Isaacson, Madeline	So	Coupeville	13:12.17

Girls 100 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 Howe, Michelle	Sr	Lakewood	15.45Q
2 Schireman, Sarah	So	Archbishop M	16.53Q
3 Lampe, Rebeka	Jr	King's	16.80Q
4 Rosenkrance, Chelsea	Sr	Coupeville	17.16Q
5 Richer, Britney	Sr	Sultan	17.59Q
6 Barrow, Laura	Fr	South Whidbey	17.70Q
7 Louie, Mariah	So	King's	17.61q
8 Gregory, Amanda	So	Lakewood	17.80q
9 Livermore, Rose	So	Granite Falls	17.82

10 Lill, Kera	Fr	King's	17.90
11 Westlund, Katy	Sr	Archbishop M	18.32
12 Vass, Sarah	Jr	Coupeville	21.25

Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Howe, Michelle	Sr	Lakewood	15.29 10
2 Schireman, Sarah	So	Archbishop M	16.52 8
3 Lampe, Rebeka	Jr	King's	16.79 6
4 Richer, Britney	Sr	Sultan	17.16 5
5 Louie, Mariah	So	King's	17.26 4
6 Barrow, Laura	Fr	South Whidbey	17.44 3
7 Rosenkrance, Chelsea	Sr	Coupeville	17.49 2
8 Gregory, Amanda	So	Lakewood	18.01 1

Girls 300 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 Howe, Michelle	Sr	Lakewood	48.82Q
2 Schireman, Sarah	So	Archbishop M	49.01Q
3 Quist, Kelli	Jr	Cedarcrest	50.76Q
4 Barrow, Laura	Fr	South Whidbey	50.83Q
5 O'Hara, Breianna	Jr	Sultan	51.19Q
6 Louie, Mariah	So	King's	51.59Q
7 Rosenkrance, Chelsea	Sr	Coupeville	51.91q
8 Gregory, Amanda	So	Lakewood	52.23q
9 Livermore, Rose	So	Granite Falls	53.88
10 Westlund, Katy	Sr	Archbishop M	56.41
11 Nelson, Andi	Fr	King's	56.78
12 Vass, Sarah	Jr	Coupeville	57.70

Girls 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Schireman, Sarah	So	Archbishop M	47.14 10
2 Howe, Michelle	Sr	Lakewood	47.63 8
3 Louie, Mariah	So	King's	49.88 6
4 Barrow, Laura	Fr	South Whidbey	49.91 5
5 Quist, Kelli	Jr	Cedarcrest	50.93 4
6 Rosenkrance, Chelsea	Sr	Coupeville	51.30 3
7 Gregory, Amanda	So	Lakewood	51.86 2
8 O'Hara, Breianna	Jr	Sultan	52.30 1

Girls 4x100 Meter Relay

Team	Relay	Finals
1 South Whidbey	A	50.76 10
2 King's	A	52.66 8
3 Sultan	A	52.84 6
4 Archbishop Murphy	A	54.98 5
5 Granite Falls	A	55.58 4
6 Coupeville	A	57.05 3

Girls 4x200 Meter Relay

Team	Relay	Finals
1 South Whidbey	A	1:47.32 10
2 King's	A	1:47.37 8

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(Girls 4x200 Meter Relay)

Team	Relay	Finals
3 Cedarcrest	A	1:50.89 6
4 Archbishop Murphy	A	1:56.98 5
5 Granite Falls	A	2:02.77 4
6 Lakewood	A	2:03.65 3

Girls 4x400 Meter Relay

Team	Relay	Finals
1 King's	A	4:14.08 10
2 South Whidbey	A	4:20.34 8
3 Coupeville	A	4:23.17 6
4 Granite Falls	A	4:26.36 5
5 Lakewood	A	4:28.36 4
6 Cedarcrest	A	4:34.74 3
--- Archbishop Murphy	A	DQ

Girls High Jump

Name	Yr	School	Finals
1 Moran, Lauren	Jr	Archbishop M	5-01.00 10
2 Jack, Jana	Jr	King's	4-10.00 6.3
2 Antetomaso, Julie	So	South Whidbey	4-10.00 6.3
2 Calderwood, Cayla	Fr	South Whidbey	4-10.00 6.3
5 Cullimore, Lisa	Sr	Cedarcrest	4-08.00 4
6 Gregory, Amanda	So	Lakewood	4-06.00 2.5
6 Pedersen, Kathleen	So	Archbishop M	4-06.00 2.5
8 Engelhart, Jerica	So	King's	J4-06.00 1
9 Fletcher, Savannah	Fr	Archbishop M	J4-06.00
10 Vass, Sarah	Jr	Coupeville	J4-06.00
11 Rouleau, Gabby	Fr	Cedarcrest	4-04.00
12 Jackson, Shelbey	Fr	Lakewood	J4-04.00

Girls Pole Vault

Name	Yr	School	Finals
1 Stevens, Samantha	Sr	Cedarcrest	9-09.00 10
2 Young, Julia	Fr	King's	9-03.00 8
3 Crosby, Megan	Jr	King's	8-09.00 6
4 Blatchford, Sarah	Fr	King's	8-03.00 5
5 Bundrant, Ali	Jr	King's	7-09.00 4
6 McKeever, Jean	Sr	Lakewood	J7-09.00 3
7 Engelhart, Jerica	So	King's	7-06.00 2
8 Henning, Lindsay	So	Sultan	7-00.00 0.5
8 Howe, Elizabeth	So	Sultan	7-00.00 0.5
10 Perrigoue, Taryn	Jr	Granite Falls	6-06.00
10 Nelson, Andi	Fr	King's	6-06.00
12 Johnson, Brennan	So	Granite Falls	6-00.00
--- Hefflinger, Ann	Fr	South Whidbey	DQ
--- Hoidal, Jeneca	Jr	Lakewood	DQ

Girls Long Jump

Name	Yr	School	Finals
1 Mayhle, Kimi	Sr	King's	17-03.25 10
2 Schireman, Sarah	So	Archbishop M	16-02.00 8
3 Calderwood, Cayla	Fr	South Whidbey	15-11.50 6
4 Gaddis, Corinne	Sr	Coupeville	15-05.50 5
5 Decker, Bre	Jr	Cedarcrest	15-05.25 4
6 Lill, Kera	Fr	King's	15-03.50 3

7 Gregory, Amanda	So	Lakewood	J15-03.50 2
8 Loeffelbein, Mickala	So	Cedarcrest	15-03.00 1
9 Brugger, Siobahn	So	King's	15-02.00
10 Bos, Lindsey	Fr	Archbishop M	14-11.00
10 Butler, Mareyoko	Jr	Lakewood	14-11.00
12 Young, Julia	Fr	King's	14-10.00
13 Antetomaso, Julie	So	South Whidbey	14-00.50
14 Paquette, Ashley	So	Cedarcrest	13-11.50
15 DeMartini, Kylie	Jr	South Whidbey	13-11.00
16 Hulslander, Tawnya	Jr	Lakewood	13-10.50
--- Howell, Kaitlan	Fr	Granite Falls	DQ

Girls Triple Jump

Name	Yr	School	Finals
1 Bremond, Erin	Jr	King's	34-08.25 10
2 Calderwood, Cayla	Fr	South Whidbey	33-09.25 8
3 Young, Julia	Fr	King's	33-02.75 6
4 Moran, Lauren	Jr	Archbishop M	32-08.75 5
5 Louie, Mariah	So	King's	32-08.50 4
6 Jack, Jana	Jr	King's	31-11.25 3
7 Brugger, Siobahn	So	King's	31-08.00 2
8 Butler, Mareyoko	Jr	Lakewood	31-01.25 1
9 Decker, Bre	Jr	Cedarcrest	31-00.00
10 O'Neil, Audrey	So	King's	29-10.25
11 Antetomaso, Julie	So	South Whidbey	29-07.50
12 DeMartini, Kylie	Jr	South Whidbey	29-05.25
13 Fletcher, Savannah	Fr	Archbishop M	29-04.00
14 Gould, Casey	Jr	Archbishop M	28-09.50
15 Loeffelbein, Mickala	So	Cedarcrest	28-08.75

Girls Shot Put

Name	Yr	School	Finals
1 Paszkeicz, Krystal	Sr	Sultan	39-11.00 10
2 Clauson, Danielle	Sr	King's	34-04.00 8
3 Hartman, Rachael	Jr	Lakewood	33-11.00 6
4 Ruggiero, Emma	Sr	South Whidbey	33-01.00 5
5 Hulslander, Tawnya	Jr	Lakewood	31-07.00 4
6 Nelson, Nikki	So	South Whidbey	30-06.00 3
7 York, Zara	So	Sultan	30-02.00 2
8 Bennett, Jillian	Sr	Granite Falls	29-08.00 1
9 Kelley, Alyssa	Sr	Coupeville	29-02.00
10 Mansfield, Aleigh	Jr	Archbishop M	27-07.00
11 Jones, Ruby	So	South Whidbey	27-03.00
12 LaFave, Brandi	Sr	Lakewood	27-00.00
13 Crosby, Erin	Sr	King's	26-07.00
14 Hoban, Kaitlin	Sr	Archbishop M	26-02.00
15 Clarke, Stacie	Sr	Coupeville	24-06.00
16 Roberts, Joslin	Fr	Cedarcrest	21-03.00

Girls Discus Throw

Name	Yr	School	Finals
1 Ruggiero, Emma	Sr	South Whidbey	128-04 10
2 Paszkeicz, Krystal	Sr	Sultan	121-05 8
3 Clauson, Danielle	Sr	King's	116-08 6
4 LaFave, Brandi	Sr	Lakewood	111-08 5
5 Hulslander, Tawnya	Jr	Lakewood	105-11 4
6 Hickey, Erin	Jr	Coupeville	101-06 3

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(Girls Discus Throw)

Name	Yr	School	Finals
7 Nelson, Nikki	So	South Whidbey	101-01 2
8 Albro, Breonna	So	Lakewood	90-05 1
9 Mansfield, Aleigh	Jr	Archbishop M	89-05
10 Bennett, Jillian	Sr	Granite Falls	86-10
11 York, Zara	So	Sultan	85-09
12 Brickner, Emily	Sr	Archbishop M	84-04
13 Crosby, Erin	Sr	King's	82-11
14 Combs, Alix	Fr	Cedarcrest	67-09
15 Kelley, Alyssa	Sr	Coupeville	65-06

Girls Javelin Throw

Name	Yr	School	Finals
1 Clauson, Danielle	Sr	King's	130-00 10
2 McKeever, Jean	Sr	Lakewood	104-08 8
3 Hulslander, Tawnya	Jr	Lakewood	101-08 6
4 Bennett, Jillian	Sr	Granite Falls	89-02 5
5 Hayton, Emily	So	Lakewood	84-04 4
6 Hartman, Rachael	Jr	Lakewood	81-11 3
7 Sweeza, Alex	Sr	Lakewood	78-11 2
8 Kelp, Yvette	So	Lakewood	78-09 1
9 Hefflinger, Ann	Fr	South Whidbey	77-10
10 Gil-Osorio, Martha	Jr	South Whidbey	76-09
11 Engle, Erin	So	Coupeville	73-03
12 Clarke, Stacie	Sr	Coupeville	72-06
13 Brickner, Emily	Sr	Archbishop M	71-10
14 Borneman, Elizabeth	So	King's	70-00
15 Lill, Kera	Fr	King's	65-11

Boys 100 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Snyder, Nick	Sr	Archbishop M	11.30Q
2 Fuller, Josh	So	King's	11.33Q
3 Garabedian, Dom	Jr	Sultan	11.43Q
4 Thompson, Chandler	So	South Whidbey	11.57Q
5 Poolman, Jon	Fr	South Whidbey	11.57Q
6 Hayton, Kyle	Sr	Lakewood	11.62Q
7 Griffin, DJ	Sr	Lakewood	11.62q
8 Ayers, Bryan	Jr	King's	11.63q
9 Blatchford, Jean	So	King's	11.97
9 Woods, Henry	Jr	Archbishop M	11.97
11 McDonald, Steven	Jr	Coupeville	12.02
12 Stallman, Eric	Jr	South Whidbey	12.14
13 Jacobus, Patrick	Fr	Granite Falls	12.63
14 Haack, Keenan	Fr	Cedarcrest	13.27
15 Wendell, Greg	Fr	Coupeville	13.59

Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Snyder, Nick	Sr	Archbishop M	11.18 10
2 Fuller, Josh	So	King's	11.32 8
3 Garabedian, Dom	Jr	Sultan	11.48 6
4 Poolman, Jon	Fr	South Whidbey	11.62 5

5 Ayers, Bryan	Jr	King's	11.65 4
6 Thompson, Chandler	So	South Whidbey	11.67 3
7 Hayton, Kyle	Sr	Lakewood	11.72 2
8 Griffin, DJ	Sr	Lakewood	12.00 1

Boys 200 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Snyder, Nick	Sr	Archbishop M	22.78Q
2 Fuller, Josh	So	King's	22.95Q
3 Smith, Devon	So	Lakewood	23.37Q
4 Poolman, Jon	Fr	South Whidbey	23.56Q
5 Garabedian, Dom	Jr	Sultan	23.62Q
6 Hayton, Kyle	Sr	Lakewood	23.75Q
7 Thompson, Chandler	So	South Whidbey	23.67q
8 Blauert, Jonathan	Sr	King's	24.28q
9 McDonald, Steven	Jr	Coupeville	24.37
10 Tucksen, Robert	Sr	Lakewood	24.50
11 Plastino, Marco	Sr	South Whidbey	24.70
12 Erickson, Tyler	Fr	Cedarcrest	24.85
13 Oviatt, Coleman	Fr	Cedarcrest	25.05
14 Brown, Daniel	Jr	Coupeville	25.98

Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Snyder, Nick	Sr	Archbishop M	22.75 10
2 Fuller, Josh	So	King's	23.16 8
3 Smith, Devon	So	Lakewood	23.48 6
4 Garabedian, Dom	Jr	Sultan	23.51 5
5 Poolman, Jon	Fr	South Whidbey	23.53 4
6 Blauert, Jonathan	Sr	King's	24.17 3
7 Hayton, Kyle	Sr	Lakewood	24.23 2
--- Thompson, Chandler	So	South Whidbey	DQ

Boys 400 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Smith, Devon	So	Lakewood	51.89Q
2 Fuller, Josh	So	King's	53.64Q
3 McDonald, Steven	Jr	Coupeville	53.02Q
4 Tucksen, Robert	Sr	Lakewood	54.18Q
5 Ayers, Bryan	Jr	King's	53.11Q
6 Stallman, Scott	So	South Whidbey	54.61Q
7 Hayton, Kyle	Sr	Lakewood	53.47q
8 Erickson, Tyler	Fr	Cedarcrest	54.79q
9 Plastino, Marco	Sr	South Whidbey	55.26
10 Cogger, Brian	Jr	Sultan	55.48
11 Smith, Jared	Jr	Archbishop M	58.10
12 Hunter, Geoff	Sr	Archbishop M	59.32
13 Quillen, Lakin	Jr	Granite Falls	59.48

Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Fuller, Josh	So	King's	51.40 10

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Finals ... (Boys 400 Meter Dash)

Name	Yr	School	Finals	
2 Smith, Devon	So	Lakewood	51.43	8
3 Mcdonald, Steven	Jr	Coupeville	53.37	6
4 Ayers, Bryan	Jr	King's	53.67	5
5 Hayton, Kyle	Sr	Lakewood	53.97	4
6 Tucksen, Robert	Sr	Lakewood	54.10	3
7 Stallman, Scott	So	South Whidbey	54.45	2
8 Erickson, Tyler	Fr	Cedarcrest	54.49	1

Boys 800 Meter Run

Name	Yr	School	Prelims	
Preliminaries				
1 Dull, Jeff	Sr	King's	2:06.66Q	
2 Dull, Evan	Sr	King's	2:07.63Q	
3 Skiles, Chad	Fr	Lakewood	2:07.31Q	
4 Ervin, James	Sr	Lakewood	2:08.05Q	
5 Ordonez, Terrence	Jr	Lakewood	2:07.92Q	
6 Rossow, Miles	Jr	Lakewood	2:08.26Q	
7 Coyne, Matt	Sr	Lakewood	2:08.33q	
8 Hellman, Cliff	Sr	Cedarcrest	2:08.66q	
9 Halvorson, Erik	So	King's	2:10.33	
10 Clarke, Alex	Sr	Sultan	2:13.56	
11 Schneiders, Kyle	Jr	Granite Falls	2:17.85	
12 Hammontree, Clay	Fr	Cedarcrest	2:17.94	
13 McMahan, Connor	Jr	King's	2:18.32	
14 Brasko, Jeffery	So	South Whidbey	2:20.34	
15 Thornley, Jordan	Fr	South Whidbey	2:20.66	
16 Andriani, Kohji	So	Archbishop M	2:26.42	

Boys 800 Meter Run

Name	Yr	School	Finals	
Finals				
1 Ervin, James	Sr	Lakewood	2:01.16	10
2 Ordonez, Terrence	Jr	Lakewood	2:01.49	8
3 Dull, Evan	Sr	King's	2:02.21	6
4 Dull, Jeff	Sr	King's	2:02.66	5
5 Skiles, Chad	Fr	Lakewood	2:05.83	4
6 Hellman, Cliff	Sr	Cedarcrest	2:08.30	3
7 Coyne, Matt	Sr	Lakewood	2:08.93	2
8 Rossow, Miles	Jr	Lakewood	2:11.67	1

Boys 1600 Meter Run

Name	Yr	School	Finals	
1 King, Kyle	Jr	Coupeville	4:30.66	10
2 Dull, Evan	Sr	King's	4:37.50	8
3 Dull, Jeff	Sr	King's	4:38.23	6
4 Ordonez, Terrence	Jr	Lakewood	4:38.42	5
5 Ervin, James	Sr	Lakewood	4:40.68	4
6 Guske, Taylor	Fr	Lakewood	4:41.94	3
7 Walker, Trevor	Jr	Lakewood	4:44.34	2
8 Devier, Nick	So	Lakewood	4:45.56	1
9 Coyne, Matt	Sr	Lakewood	4:46.57	
10 Skiles, Chad	Fr	Lakewood	4:48.28	
11 Rovang, Nick	Jr	South Whidbey	4:48.64	
12 Halvorson, Erik	So	King's	4:49.18	

13 Young, Austin	Jr	Lakewood	4:50.86	
14 Kettler, Noah	Jr	Granite Falls	4:54.78	
15 Heller, Mason	Jr	Cedarcrest	5:00.54	
16 Clarke, Alex	Sr	Sultan	5:03.06	
17 Rossow, Miles	Jr	Lakewood	5:03.22	
18 Thornley, Jordan	Fr	South Whidbey	5:03.47	
19 McKinney, Tyler	Fr	Cedarcrest	5:11.25	
20 Fields, Tyler	Sr	Granite Falls	5:25.01	
21 Conard, Zach	So	Archbishop M	5:29.80	
22 Crebbin, Kellen	So	Coupeville	5:38.91	
23 Claggett, Kevin	So	Archbishop M	5:56.99	

Boys 3200 Meter Run

Name	Yr	School	Finals	
1 King, Kyle	Jr	Coupeville	9:36.93	10
2 Guske, Taylor	Fr	Lakewood	10:02.17	8
3 Dull, Jeff	Sr	King's	10:03.57	6
4 Walker, Trevor	Jr	Lakewood	10:12.21	5
5 Dull, Evan	Sr	King's	10:33.50	4
6 Halvorson, Erik	So	King's	10:34.93	3
7 Kettler, Noah	Jr	Granite Falls	10:41.64	2
8 Heller, Mason	Jr	Cedarcrest	10:43.66	1
9 Shafer, JC	Sr	Lakewood	10:46.51	
10 Rovang, Nick	Jr	South Whidbey	11:04.80	
11 McKinney, Tyler	Fr	Cedarcrest	11:07.08	
12 Gabelein, Steven	Jr	South Whidbey	11:11.30	
13 Houts, Jason	Fr	Archbishop M	11:24.60	
14 Paulhus, Matt	Sr	Granite Falls	11:33.12	
15 Weller, Van	So	Archbishop M	11:56.33	
16 Crebbin, Kellen	So	Coupeville	12:39.59	
--- Dean, Brandon	So	King's	DQ	

Boys 110 Meter Hurdles

Name	Yr	School	Prelims	
Preliminaries				
1 Snyder, Nick	Sr	Archbishop M	15.36Q	
2 Fitz, Jason	Sr	South Whidbey	15.78Q	
3 Zhang, Raymond	So	King's	16.60Q	
4 Weaver, Jacob	Sr	Coupeville	16.98Q	
5 Dean, Brandon	So	King's	17.85Q	
6 Bennett, Ben	Fr	Archbishop M	19.93Q	
7 Trudell, Jordan	Jr	Lakewood	18.22q	
8 Brugger, Sean	Fr	King's	20.75q	
9 van Veen, Nick	Fr	Cedarcrest	21.36	
--- Bennett, Andy	Fr	South Whidbey	DQ	

Boys 110 Meter Hurdles

Name	Yr	School	Finals	
Finals				
1 Snyder, Nick	Sr	Archbishop M	15.09	10
2 Fitz, Jason	Sr	South Whidbey	15.43	8
3 Zhang, Raymond	So	King's	16.51	6
4 Weaver, Jacob	Sr	Coupeville	16.85	5
5 Brugger, Sean	Fr	King's	16.95	4
6 Dean, Brandon	So	King's	17.61	3
7 Trudell, Jordan	Jr	Lakewood	17.95	2

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Cedarcrest HS

Results

Finals ... (Boys 110 Meter Hurdles)

Name	Yr	School	Finals
8 Bennett, Ben	Fr	Archbishop M	19.06 1

Boys 300 Meter Hurdles

Name	Yr	School	Prelims
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Preliminaries

1 Fitz, Jason	Sr	South Whidbey	40.75Q
2 Snyder, Nick	Sr	Archbishop M	41.25Q
3 Bennett, Andy	Fr	South Whidbey	44.38Q
4 Trudell, Jordan	Jr	Lakewood	44.85Q
5 Dean, Austin	Jr	King's	44.82Q
6 Dean, Brandon	So	King's	45.54Q
7 Zhang, Raymond	So	King's	45.35q
8 Weaver, Jacob	Sr	Coupeville	46.90q
9 Peterson, Matt	Jr	Archbishop M	47.65
10 van Veen, Nick	Fr	Cedarcrest	47.84
11 Bennett, Ben	Fr	Archbishop M	50.27

Boys 300 Meter Hurdles

Name	Yr	School	Finals
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Finals

1 Snyder, Nick	Sr	Archbishop M	39.21 10
2 Fitz, Jason	Sr	South Whidbey	39.44 8
3 Bennett, Andy	Fr	South Whidbey	43.40 6
4 Trudell, Jordan	Jr	Lakewood	43.71 5
5 Dean, Austin	Jr	King's	43.81 4
6 Dean, Brandon	So	King's	45.10 3
7 Zhang, Raymond	So	King's	45.51 2
8 Weaver, Jacob	Sr	Coupeville	46.63 1

Boys 4x100 Meter Relay

Team	Relay	Finals
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1 South Whidbey	A	45.12 10
2 King's	A	45.17 8
3 Lakewood	A	45.60 6
4 Coupeville	A	49.47 5
--- Archbishop Murphy	A	DQ
--- Cedarcrest	A	DQ

Boys 4x400 Meter Relay

Team	Relay	Finals
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1 King's	A	3:33.11 10
2 Lakewood	A	3:35.45 8
3 South Whidbey	A	3:35.56 6
4 Sultan	A	3:45.42 5
5 Cedarcrest	A	3:47.34 4
6 Archbishop Murphy	A	4:01.71 3
7 Granite Falls	A	4:15.24 2

Boys High Jump

Name	Yr	School	Finals
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1 Blauert, Jonathan	Sr	King's	5-08.00 10
2 Pleis, Jackson	Fr	Cedarcrest	J5-08.00 8
3 Lehman, Alex	Jr	King's	5-06.00 5.5
3 Camp, Bryce	Sr	Lakewood	5-06.00 5.5
5 Talbot, Kyle	So	King's	J5-06.00 3.5

5 Byrne, Andy	So	King's	J5-06.00 3.5
7 Griffin, DJ	Sr	Lakewood	J5-06.00 2
8 Hesselman, Nathan	Fr	Lakewood	J5-04.00 0.5
8 Hulslander, Spencer	So	Lakewood	J5-04.00 0.5
10 Wright, Trey	Sr	King's	J5-04.00
11 Oviatt, Coleman	Fr	Cedarcrest	5-02.00
11 Jacobus, Patrick	Fr	Granite Falls	5-02.00
11 Brugger, Sean	Fr	King's	5-02.00
11 Simon, James	Sr	South Whidbey	5-02.00
--- Klein, Mason	Fr	Sultan	DQ

Boys Pole Vault

Name	Yr	School	Finals
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1 Flynn, Ned	So	Cedarcrest	12-00.00 10
2 Lehman, Alex	Jr	King's	11-00.00 7
2 Butler, Payden	So	Lakewood	11-00.00 7
4 Blatchford, Jean	So	King's	J11-00.00 5
5 Zesbaugh, Zachary	So	Sultan	10-06.00 3
5 Hulslander, Spencer	So	Lakewood	10-06.00 3
5 Stark, Josh	So	Cedarcrest	10-06.00 3
8 Long, Matt	Sr	South Whidbey	9-06.00 1
9 Billings, Josiah	So	King's	J9-06.00
10 Quillen, Lakin	Jr	Granite Falls	9-00.00
11 Soderlund, Kenny	Sr	Sultan	8-06.00
--- Borisov, Nick	So	Lakewood	DQ

Boys Long Jump

Name	Yr	School	Finals
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1 Yakovich, Tony	Jr	King's	20-07.00 10
2 Blauert, Jonathan	Sr	King's	19-11.25 8
3 Burley, John	So	King's	19-10.00 6
4 Griffin, DJ	Sr	Lakewood	19-09.50 5
5 Wright, Trey	Sr	King's	19-05.25 4
6 Thompson, Chandler	So	South Whidbey	19-04.00 3
7 Pleis, Jackson	Fr	Cedarcrest	18-10.00 2
8 Bennett, Andy	Fr	South Whidbey	18-09.75 1
9 Byrne, Andy	So	King's	18-03.25
10 Stallman, Eric	Jr	South Whidbey	18-02.25
11 Camp, Bryce	Sr	Lakewood	17-11.00
12 Woods, Henry	Jr	Archbishop M	17-09.00
13 Cogger, Brian	Jr	Sultan	17-06.00
14 Lehman, Alex	Jr	King's	17-05.00
15 Simon, James	Sr	South Whidbey	16-09.25
16 Klein, Mason	Fr	Sultan	16-02.00
17 Fruik, Doug	Fr	Coupeville	14-09.00
--- McDonald, Zach	So	King's	DQ

Boys Triple Jump

Name	Yr	School	Finals
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1 Yakovich, Tony	Jr	King's	44-10.50 10
2 Burley, John	So	King's	42-08.00 8
3 Woods, Henry	Jr	Archbishop M	39-11.25 6
4 Bennett, Andy	Fr	South Whidbey	39-01.25 5
5 Talbot, Kyle	So	King's	38-06.00 4
6 Camp, Bryce	Sr	Lakewood	38-03.75 3
7 Stallman, Scott	So	South Whidbey	38-03.00 2
8 Jacobus, Joe	So	Granite Falls	37-10.50 1

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Cedarcrest HS

Results

(Boys Triple Jump)

Name	Yr	School	Finals
9 Pleis, Jackson	Fr	Cedarcrest	37-07.75
10 Hoidal, Jacob	Fr	Lakewood	37-03.00
11 Blatchford, Jean	So	King's	36-05.25
12 Wright, Trey	Sr	King's	35-10.00
13 Marler, Zac	Fr	Sultan	34-01.25
14 Harjo, Robby	Fr	Cedarcrest	33-04.00

12 Brown, Daniel	Jr	Coupeville	115-11
13 Jacobus, Joe	So	Granite Falls	110-05
14 Stevens, Freddie	So	Cedarcrest	105-11
15 Alwood, Bobby	Fr	Sultan	102-01
16 Mallahan, Peter	Sr	Archbishop M	100-02

Boys Shot Put

Name	Yr	School	Finals
1 Corp, Nate	Sr	Cedarcrest	51-00.00 10
2 Swanson, Victor	Jr	King's	49-00.00 8
3 Sinex, David	Sr	Archbishop M	43-06.00 6
4 Binge, Cody	Sr	Sultan	43-05.00 5
5 Knudtson, Richard	Sr	Sultan	42-11.00 4
6 Monell, David	So	South Whidbey	41-10.00 3
7 Throckmorton, Ryan	Sr	Archbishop M	40-09.00 2
8 Stevens, Freddie	So	Cedarcrest	39-08.00 1
9 Banks, Josh	Jr	King's	39-06.00
10 Williams, Matt	Sr	Coupeville	39-03.00
11 Jacobus, Joe	So	Granite Falls	37-09.00
12 Engstrom, Jackson	Fr	South Whidbey	36-05.00
13 Sansaver, Kole	Sr	Lakewood	35-04.00
14 Hesselman, Nathan	Fr	Lakewood	32-08.00

Boys Discus Throw

Name	Yr	School	Finals
1 Corp, Nate	Sr	Cedarcrest	139-01 10
2 Swanson, Victor	Jr	King's	133-02 8
3 Duncan, Joey	Sr	Archbishop M	131-04 6
4 Binge, Cody	Sr	Sultan	123-10 5
5 Martin, Billy	So	King's	118-11 4
6 Williams, Matt	Sr	Coupeville	115-04 3
7 Davis, Nick	Sr	Archbishop M	114-00 2
8 Monell, David	So	South Whidbey	113-06 1
9 Alwood, Bobby	Fr	Sultan	106-09
10 Crook, Greg	Sr	Cedarcrest	106-08
11 Idso, Zach	Fr	South Whidbey	106-00
12 Mcdonald, Steven	Jr	Coupeville	104-06
13 Jones, Cris	Sr	Granite Falls	102-01
14 Yarnell, Aaron	Fr	Lakewood	101-04
15 Fernandez, Mark	Fr	Lakewood	74-11

Boys Javelin Throw

Name	Yr	School	Finals
1 Miller, Brian	Jr	Coupeville	163-02 10
2 Bretz, Thomas	Jr	King's	151-07 8
3 Lehman, Alex	Jr	King's	143-00 6
4 Hess, Cameron	So	Lakewood	140-09 5
5 Binge, Cody	Sr	Sultan	135-09 4
6 Long, Matt	Sr	South Whidbey	129-10 3
7 Butler, Payden	So	Lakewood	129-02 2
8 Sinex, David	Sr	Archbishop M	128-09 1
9 Ritter, Jake	So	Cedarcrest	125-09
10 Jacobus, Patrick	Fr	Granite Falls	122-04
11 Rushold, Adam	Jr	South Whidbey	120-04