

Cascade Conference Championships - 5/12/2010 to 5/14/2010

Cedarcrest HS

Results

Event 1 Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 King's		1:47.64 10
1) Fransen, Caitlin 10	2) McDevitt, Sami 10	
3) Hauck, Taylor 10	4) Storkson, Karlie 10	
2 Archbishop Murphy		1:47.89 8
1) Towey, Christine 10	2) Beck, Allyson 10	
3) Pabisz, Tasha 10	4) Yant, Kortney 10	
3 Lakewood		1:54.92 6
1) Smith, Adrienne 11	2) Martin, Britney 11	
3) Knibbe, Megan 9	4) Jensen, Ariel 9	
4 Cedarcrest		1:55.07 5
1) Kather, Morgan 9	2) Griffen, Ashton 12	
3) Hammontree, Molly 9	4) Davis, Tenaya 11	
5 South Whidbey		1:58.74 4
1) Bishop, Lennox 9	2) Greene, Ellie 9	
3) Cepowski, Sarah 10	4) Hood, Anna 9	
6 Coupeville		2:02.44 3
1) Bailey, Anna 9	2) Christensen, Hannah 9	
3) Hoskins, Jai'lysa 9	4) Becker, Nicole 9	

Event 2 Boys 110 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 van Veen, Nick	12	Cedarcrest	16.35Q
2 Diamond, Blair	12	Lakewood	16.78Q
3 Lucas, Jonathan	11	Archbishop M	16.75Q
4 Beebe, Zach	12	Sultan	16.87Q
5 Schober, Zachary	10	King's	17.78Q
6 Sheppard, Ben	10	Granite Fall	17.80Q
7 Day, Zach	11	Sultan	17.92q
8 Rousseau, Dylan	10	Sultan	18.29q
9 Metcalfe, Sean	11	Lakewood	18.35
10 Smith, Caleb	12	Archbishop M	18.36
11 Jones, Reid	9	King's	19.49
12 Vilgalys, Taurus	12	Archbishop M	20.32
13 Balcos, Josh	11	King's	22.41
--- Langford, Colby	10	King's	DQ

Event 2 Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 van Veen, Nick	12	Cedarcrest	16.07 10
2 Beebe, Zach	12	Sultan	16.19 8
3 Diamond, Blair	12	Lakewood	16.22 6
4 Lucas, Jonathan	11	Archbishop M	16.90 5
5 Schober, Zachary	10	King's	17.35 4
6 Day, Zach	11	Sultan	17.57 3
7 Sheppard, Ben	10	Granite Fall	17.60 2
8 Rousseau, Dylan	10	Sultan	17.67 1

Event 3 Girls 100 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 Barrow, Laura	12	South Whidbe	16.27Q
2 Clark, Chrystle	12	Lakewood	16.73Q
3 Nelson, Andi	12	King's	17.18Q
4 Kaul-Anderson, Sylvie	9	South Whidbe	17.26Q
5 Haunreiter, Ilyssa	10	Lakewood	17.38Q
6 Quinn, Hillary	12	King's	17.78Q
7 Hauck, Taylor	10	King's	17.47q
8 Rasmussen, Ellie	9	King's	17.78q
9 Leonard, Danielle	11	Archbishop M	17.88
10 Kieling, Daphne	9	King's	17.90
11 Corrigan, Rosalie	11	Archbishop M	18.38
12 Kim, Natalie	10	King's	18.55
13 Main, Sarah	11	Archbishop M	19.05
14 Towers, Kellyanne	9	King's	20.05
15 Nelson, Carley	9	Sultan	20.12

Event 3 Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Barrow, Laura	12	South Whidbe	16.05 10
2 Clark, Chrystle	12	Lakewood	16.18 8
3 Nelson, Andi	12	King's	16.56 6
4 Kaul-Anderson, Sylvie	9	South Whidbe	16.86 5
5 Haunreiter, Ilyssa	10	Lakewood	17.50 4
6 Hauck, Taylor	10	King's	17.58 3
7 Quinn, Hillary	12	King's	17.68 2
8 Rasmussen, Ellie	9	King's	17.78 1

Event 4 Boys 100 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Guy, James	10	Archbishop M	11.19Q
2 Poolman, Jon	12	South Whidbe	11.36Q
3 Scott, Andre	11	Lakewood	11.40Q
4 VanderWel, Austin	11	Archbishop M	11.47Q
5 Pouley, Tyler	12	Lakewood	11.54Q
6 Bingaman, Nolan	10	Lakewood	11.75Q
7 Banks, Jonathan	12	King's	11.66q
8 Pelroy, Mitch	10	Coupeville	11.81q
9 Byrne, Brandon	9	Archbishop M	11.83
10 Manker, Adam	9	King's	11.87
11 VanderWel, Hans	9	Archbishop M	12.00
12 Graves, Christian	12	Lakewood	12.06
13 Perry, Manny	11	King's	12.08
14 VanGorkom, Aaron	11	King's	12.09
15 Leitzke, Brandon	9	Granite Fall	12.14
16 Engle, Dalton	10	Coupeville	12.24
17 Gordon, Randy	11	Archbishop M	12.32
18 Freymuth, Deon	10	Sultan	12.37
19 Matwichuk, Michael	9	Cedarcrest	12.41
20 Campbell, JJ	12	Granite Fall	12.48
21 Erickson, Matt	10	Cedarcrest	12.67

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Event 4 Boys 100 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Guy, James	10	Archbishop M	11.12	10
2 Poolman, Jon	12	South Whidbe	11.24	8
3 Scott, Andre	11	Lakewood	11.50	6
4 Banks, Jonathan	12	King's	11.64	5
5 Pouley, Tyler	12	Lakewood	11.67	4
6 Bingaman, Nolan	10	Lakewood	11.79	3
7 Pelroy, Mitch	10	Coupeville	12.02	2

Event 5 Girls 100 Meter Dash

Name	Yr	School	Prelims	
Preliminaries				
1 Storkson, Karlie	10	King's	12.92Q	
2 VanGorKom, Jodi	12	King's	13.06Q	
3 Hauck, Taylor	10	King's	13.29Q	
4 Walker, McKenzie	12	South Whidbe	13.11Q	
5 McGinnis, Brittany	11	Granite Fall	13.23Q	
6 Pabisz, Tasha	10	Archbishop M	13.45Q	
7 Clark, Chrystle	12	Lakewood	13.51q	
8 Towey, Christine	10	Archbishop M	13.52q	
9 McCann, Krista	11	Sultan	13.54	
10 Hoskins, Jai'lysa	9	Coupeville	13.58	
11 Beck, Allyson	10	Archbishop M	13.70	
12 Kather, Morgan	9	Cedarcrest	13.70	
13 Bartz, Stefani	12	Archbishop M	13.80	
14 Scopeletti, Alexa	12	Archbishop M	13.83	
15 Martin, Britney	11	Lakewood	14.04	
16 Hood, Anna	9	South Whidbe	14.12	
17 Gorman, Molly	10	Cedarcrest	14.30	
18 Schneiders, Hannah	11	Granite Fall	14.53	
19 Becker, Nicole	9	Coupeville	14.63	

Event 5 Girls 100 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Storkson, Karlie	10	King's	12.94	10
2 VanGorKom, Jodi	12	King's	12.99	8
3 Walker, McKenzie	12	South Whidbe	13.09	6
4 McGinnis, Brittany	11	Granite Fall	13.14	5
5 Pabisz, Tasha	10	Archbishop M	13.16	4
6 Hauck, Taylor	10	King's	13.28	3
7 Clark, Chrystle	12	Lakewood	13.51	2
8 Towey, Christine	10	Archbishop M	13.96	1

Event 6 Boys 1600 Meter Run

Name	Yr	School	Finals	
Finals				
1 King, Tyler	11	Coupeville	4:21.99	10
2 Guske, Taylor	12	Lakewood	4:26.95	8
3 Ballew, Conner	11	Archbishop M	4:27.50	6
4 Emmons, Hap	10	King's	4:28.88	5
5 Lee, Sam	10	South Whidbe	4:34.04	4
6 Howe, Nick	12	Lakewood	4:34.52	3

7 Jensen, Avery	10	Lakewood	4:37.49	2
8 Skiles, Chad	12	Lakewood	4:38.36	1
9 Mow, Ben	11	Granite Fall	4:40.01	
10 Holeman, Sam	10	Archbishop M	4:40.85	
11 Culp, Christian	11	Sultan	4:41.51	
12 Montgomery, Mitchell	10	Cedarcrest	4:42.21	
13 Mugrage, Kris	10	Lakewood	4:46.85	
14 Denison, Josh	11	Cedarcrest	4:49.36	
15 Nash, Ryan	9	Granite Fall	4:50.41	
16 Paxman, Cody	10	Cedarcrest	4:51.22	
17 Yu, Jonathan	10	King's	4:52.34	
18 Franz, Timmy	11	Sultan	4:58.75	
19 Berquist, Olin	11	South Whidbe	4:59.53	
20 Gogert, Mitchel	12	Lakewood	5:03.69	
21 Landau, Sam	9	Coupeville	5:14.56	

Event 7 Girls 1600 Meter Run

Name	Yr	School	Finals	
Finals				
1 Morrill, Rici	12	Sultan	5:12.66	10
2 Anderson, Kelsey	11	Lakewood	5:17.24	8
3 Strodel, Cara	11	Cedarcrest	5:23.59	6
4 Cundy, Rachel	10	Lakewood	5:24.03	5
5 Stelling, Lillianna	9	South Whidbe	5:27.23	4
6 Eldredge, Brenna	11	Cedarcrest	5:28.20	3
7 Hamm, Morgan	12	King's	5:30.45	2
8 Bartz, Michaela	10	Archbishop M	5:32.52	1
9 Taylor, Makenzie	12	King's	5:38.26	
10 Mow, Rachel	9	Granite Fall	5:41.28	
11 Loesche, Courteney	9	Granite Fall	5:42.61	
12 Eslinger, Adele	12	King's	5:43.16	
13 Beam, Jessica	11	Cedarcrest	5:44.21	
14 Dowd, Missy	12	Cedarcrest	5:45.38	
15 Sowards, Chelsea	12	Lakewood	5:47.60	
16 Felt, Nora	9	South Whidbe	5:52.49	
17 Krawiec, Cassidy	9	Cedarcrest	5:52.64	
18 Dang, Annie	10	Archbishop M	6:00.46	
19 Pozzatti, Arianna	12	Coupeville	7:10.65	
--- Stokes, Chelsea	11	Lakewood	DNF	

Event 8 Boys 4x100 Meter Relay

Team	Relay	Finals	
Finals			
1 Archbishop Murphy		44.25	10
1) Gordon, Randy 11	2) Guy, James 10		
3) VanderWel, Austin 11	4) VanderWel, Hans 9		
2 Lakewood		45.46	8
1) Graves, Christian 12	2) Pouley, Tyler 12		
3) Peterson, Justin 9	4) Bingaman, Nolan 10		
3 King's		46.44	6
1) Banks, Jonathan 12	2) Hirst, Slater 11		
3) Hong, Wu-Bene 11	4) Perry, Manny 11		
4 Coupeville		48.19	5
1) Bates, Chase 11	2) Donley, David 12		
3) Franzen, Garret 12	4) Watkins, Davion 12		

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Finals ... (Event 8 Boys 4x100 Meter Relay)

Team	Relay	Finals
---	Sultan	DQ
1)	Vandenekart, Theo 11	2) Beebe, Jake 11
3)	Freyemuth, Deon 10	4) Marler, Zac 12

Event 9 Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1	Archbishop Murphy	51.07 10
1)	Towey, Christine 10	2) Beck, Allyson 10
3)	Pabisz, Tasha 10	4) Yant, Kortney 10
2	King's	51.92 8
1)	Fransen, Caitlin 10	2) VanGorKom, Jodi 12
3)	Hauck, Taylor 10	4) Hendrix, Michaela 9
3	Lakewood	54.87 6
1)	Smith, Adrienne 11	2) Martin, Britney 11
3)	Haunreiter, Ilyssa 10	4) Clark, Chrystle 12
4	Coupeville	57.44 5
1)	Bailey, Anna 9	2) Becker, Nicole 9
3)	Hoskins, Jai'lysa 9	4) Christensen, Hannah 9
5	South Whidbey	58.11 4
1)	Swanson, Grace 11	2) Bishop, Lennox 9
3)	Huey, Holly 10	4) Young, Ashley 10
---	Sultan	DQ
1)	Ott, Kalyn 9	2) Pettyjohn, Tessa 10
3)	Beucherie, Cassie 12	4) McCann, Krista 11

Event 10 Boys 400 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1	Hammontree, Clay	12 Cedarcrest	51.52Q
2	Poolman, Jon	12 South Whidbe	51.97Q
3	Erickson, Tyler	12 Cedarcrest	52.20Q
4	Mathis, Parker	11 Archbishop M	54.01Q
5	Matwichuk, Michael	9 Cedarcrest	54.07Q
6	Bates, Chase	11 Coupeville	54.66Q
7	Koons, Austin	10 Cedarcrest	54.90q
8	Vakamoce, Martin	10 Cedarcrest	55.21q
9	Broadwell, Austin	10 Archbishop M	55.33
10	Graves, Christian	12 Lakewood	55.42
11	Sowinski, Josh	11 King's	55.78
12	Buchholz, Addison	9 Granite Fall	57.03
13	Mackey, Andrew	9 Sultan	57.94
14	Campbell, JJ	12 Granite Fall	58.02
15	Balcos, Josh	11 King's	58.39
16	Warren, Dylan	10 Coupeville	59.70

Event 10 Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Poolman, Jon	12 South Whidbe	50.62 10
2	Hammontree, Clay	12 Cedarcrest	51.46 8
3	Erickson, Tyler	12 Cedarcrest	52.02 6
4	Bates, Chase	11 Coupeville	53.68 5
5	Matwichuk, Michael	9 Cedarcrest	53.86 4

6	Mathis, Parker	11 Archbishop M	54.51 3
7	Koons, Austin	10 Cedarcrest	54.74 2
8	Vakamoce, Martin	10 Cedarcrest	55.38 1

Event 11 Girls 400 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1	Jensen, Ariel	9 Lakewood	1:01.74Q
2	Fransen, Caitlin	10 King's	1:02.92Q
3	Walker, McKenzie	12 South Whidbe	1:03.99Q
4	Ulowetz, Elyse	11 Archbishop M	1:04.03Q
5	Davis, Tenaya	11 Cedarcrest	1:04.16Q
6	Hoban, Eileen	10 Archbishop M	1:04.36Q
7	Loutsis, Megan	10 Archbishop M	1:06.76q
8	Cepowski, Sarah	10 South Whidbe	1:07.41q
9	Loesche, Courtney	9 Granite Fall	1:11.30
10	Richards, Becca	10 King's	1:13.30

Event 11 Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Fransen, Caitlin	10 King's	1:02.56 10
2	Walker, McKenzie	12 South Whidbe	1:02.68 8
3	Hoban, Eileen	10 Archbishop M	1:02.98 6
4	Ulowetz, Elyse	11 Archbishop M	1:04.51 5
5	Davis, Tenaya	11 Cedarcrest	1:05.13 4
6	Cepowski, Sarah	10 South Whidbe	1:07.55 3
7	Loutsis, Megan	10 Archbishop M	1:07.90 2
---	Jensen, Ariel	9 Lakewood	DQ

Event 12 Boys 300 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1	Clauson, Curtis	11 King's	40.64Q
2	Farias, Hernan	12 Cedarcrest	41.99Q
3	Beebe, Zach	12 Sultan	43.30Q
4	Diamond, Blair	12 Lakewood	44.03Q
5	Candland, Dallin	10 Cedarcrest	43.85Q
6	Day, Zach	11 Sultan	45.15Q
7	Czarnetzke, Victor	10 Lakewood	45.55q
8	Smith, Caleb	12 Archbishop M	45.60q
9	Langford, Colby	10 King's	46.03
10	Sheppard, Ben	10 Granite Fall	46.08
11	Jordan, Zachery	10 Cedarcrest	46.53
12	Schober, Zachary	10 King's	46.77
13	Rousseau, Dylan	10 Sultan	47.57
14	Donley, David	12 Coupeville	47.97
15	Metcalfe, Sean	11 Lakewood	49.40
16	Vilgalys, Taurus	12 Archbishop M	50.35

Event 12 Boys 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Clauson, Curtis	11 King's	38.95 10
2	Farias, Hernan	12 Cedarcrest	42.02 8
3	Beebe, Zach	12 Sultan	42.69 6

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Finals ... (Event 12 Boys 300 Meter Hurdles)

Name	Yr	School	Finals	
4 Diamond, Blair	12	Lakewood	43.01	5
5 Candland, Dallin	10	Cedarcrest	43.58	4
6 Day, Zach	11	Sultan	44.69	3
7 Smith, Caleb	12	Archbishop M	45.49	2
8 Czarnetzke, Victor	10	Lakewood	45.70	1

Event 13 Girls 300 Meter Hurdles

Name	Yr	School	Prelims	
Preliminaries				
1 Barrow, Laura	12	South Whidbe	48.58Q	
2 Quinn, Hillary	12	King's	50.01Q	
3 Leonard, Danielle	11	Archbishop M	50.52Q	
4 Kieling, Daphne	9	King's	51.28Q	
5 Rasmussen, Ellie	9	King's	52.18Q	
6 Haunreiter, Ilyssa	10	Lakewood	53.37Q	
7 Kaul-Anderson, Sylvie	9	South Whidbe	53.49q	
8 Hammontree, Molly	9	Cedarcrest	54.00q	
9 Griffen, Ashton	12	Cedarcrest	54.54	
10 Main, Sarah	11	Archbishop M	55.29	
11 Corrigan, Rosalie	11	Archbishop M	56.38	
12 Teitzel, Julia	9	King's	59.30	
13 Bodmer, Kay	12	Archbishop M	1:02.85	

Event 13 Girls 300 Meter Hurdles

Name	Yr	School	Finals	
Finals				
1 Barrow, Laura	12	South Whidbe	48.65	10
2 Quinn, Hillary	12	King's	49.60	8
3 Leonard, Danielle	11	Archbishop M	49.85	6
4 Kieling, Daphne	9	King's	51.85	5
5 Rasmussen, Ellie	9	King's	52.05	4
6 Haunreiter, Ilyssa	10	Lakewood	53.55	3
7 Kaul-Anderson, Sylvie	9	South Whidbe	55.57	2
8 Hammontree, Molly	9	Cedarcrest	55.66	1

Event 14 Boys 800 Meter Run

Name	Yr	School	Prelims	
Preliminaries				
1 Faubion, Nate	12	King's	2:02.27Q	
2 Emmons, Hap	10	King's	2:05.34Q	
3 King, Tyler	11	Coupeville	2:03.27Q	
4 Howe, Nick	12	Lakewood	2:05.53Q	
5 Lee, Sam	10	South Whidbe	2:04.29Q	
6 Skiles, Chad	12	Lakewood	2:05.66Q	
7 Loutsis, Ryan	11	Archbishop M	2:05.81q	
8 Vrbka, Lukas	12	Cedarcrest	2:07.50q	
9 Denison, Josh	11	Cedarcrest	2:08.52	
10 Culp, Christian	11	Sultan	2:10.37	
11 Yu, Jonathan	10	King's	2:10.95	
12 Jensen, Avery	10	Lakewood	2:12.83	
13 Waterman, Madison	10	Cedarcrest	2:14.05	
14 Buchholz, Addison	9	Granite Fall	2:15.13	
15 Zink, Will	10	South Whidbe	2:26.65	
16 Littlelight, Jesse	9	Granite Fall	2:27.98	

17 Dreyer, Connor 10 Lakewood 2:44.18

Event 14 Boys 800 Meter Run

Name	Yr	School	Finals	
Finals				
1 King, Tyler	11	Coupeville	1:55.34	10
2 Faubion, Nate	12	King's	1:56.49	8
3 Emmons, Hap	10	King's	2:00.59	6
4 Skiles, Chad	12	Lakewood	2:02.46	5
5 Lee, Sam	10	South Whidbe	2:03.08	4
6 Howe, Nick	12	Lakewood	2:03.48	3
7 Loutsis, Ryan	11	Archbishop M	2:05.80	2
8 Vrbka, Lukas	12	Cedarcrest	2:06.35	1

Event 15 Girls 800 Meter Run

Name	Yr	School	Prelims	
Preliminaries				
1 Morrill, Rici	12	Sultan	2:23.69Q	
2 Strodel, Cara	11	Cedarcrest	2:30.20Q	
3 Rice, Stephanie	11	King's	2:25.76Q	
4 Anderson, Kelsey	11	Lakewood	2:30.72Q	
5 McDevitt, Sami	10	King's	2:28.34Q	
6 Ulowetz, Elyse	11	Archbishop M	2:32.07Q	
7 Martin, Emily	11	South Whidbe	2:31.66q	
8 Flake, Alexandra	10	Archbishop M	2:33.11q	
9 Burnell, Amber	12	Lakewood	2:35.09	
10 Dierickx, Erin	12	Lakewood	2:42.93	
11 Felt, Nora	9	South Whidbe	2:43.68	
12 Duke, Meagan	11	Archbishop M	2:49.50	

Event 15 Girls 800 Meter Run

Name	Yr	School	Finals	
Finals				
1 Morrill, Rici	12	Sultan	2:19.39	10
2 Anderson, Kelsey	11	Lakewood	2:24.72	8
3 Rice, Stephanie	11	King's	2:26.57	6
4 Strodel, Cara	11	Cedarcrest	2:27.94	5
5 McDevitt, Sami	10	King's	2:28.25	4
6 Ulowetz, Elyse	11	Archbishop M	2:29.25	3
7 Flake, Alexandra	10	Archbishop M	2:37.56	2
8 Martin, Emily	11	South Whidbe	2:40.53	1

Event 16 Boys 200 Meter Dash

Name	Yr	School	Prelims	
Preliminaries				
1 Guy, James	10	Archbishop M	22.81Q	
2 Poolman, Jon	12	South Whidbe	23.29Q	
3 Pouley, Tyler	12	Lakewood	23.30Q	
4 Scott, Andre	11	Lakewood	23.31Q	
5 Bingaman, Nolan	10	Lakewood	23.78Q	
6 VanderWel, Austin	11	Archbishop M	23.96Q	
7 Byrne, Brandon	9	Archbishop M	24.06q	
8 VanderWel, Hans	9	Archbishop M	24.35q	
9 van Veen, Nick	12	Cedarcrest	24.48	
10 Pelroy, Mitch	10	Coupeville	24.59	
11 VanGorkom, Aaron	11	King's	24.83	

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Preliminaries ... (Event 16 Boys 200 Meter Dash)

Name	Yr	School	Prelims
12 Manker, Adam	9	King's	25.06
13 Freymuth, Deon	10	Sultan	25.09
14 Leitzke, Brandon	9	Granite Fall	25.15
15 Watkins, Davion	12	Coupeville	25.63
16 Campbell, JJ	12	Granite Fall	25.69
17 Erickson, Matt	10	Cedarcrest	25.87

Event 16 Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Poolman, Jon	12	South Whidbe	22.54 10
2 Guy, James	10	Archbishop M	22.71 8
3 Pouley, Tyler	12	Lakewood	23.54 6
4 VanderWel, Austin	11	Archbishop M	23.63 5
5 Scott, Andre	11	Lakewood	23.91 4
6 Bingaman, Nolan	10	Lakewood	24.11 3
7 Byrne, Brandon	9	Archbishop M	24.26 2
8 VanderWel, Hans	9	Archbishop M	24.41 1

Event 17 Girls 200 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Storkson, Karlie	10	King's	26.54Q
2 McGinnis, Brittany	11	Granite Fall	27.22Q
3 Pabisz, Tasha	10	Archbishop M	26.89Q
4 Yant, Kortney	10	Archbishop M	27.29Q
5 Walker, McKenzie	12	South Whidbe	27.15Q
6 Hendrix, Michaela	9	King's	27.64Q
7 Jensen, Ariel	9	Lakewood	27.90q
8 Hoskins, Jai'lysa	9	Coupeville	28.19q
9 Towey, Christine	10	Archbishop M	28.27
10 Kather, Morgan	9	Cedarcrest	28.35
11 Bartz, Stefani	12	Archbishop M	28.45
12 McCann, Krista	11	Sultan	28.81
13 Hood, Anna	9	South Whidbe	29.02
14 Smith, Adrienne	11	Lakewood	29.37
15 Bailey, Anna	9	Coupeville	30.91
16 Smith, Sydney	11	Cedarcrest	30.99

Event 17 Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Storkson, Karlie	10	King's	26.77 10
2 Pabisz, Tasha	10	Archbishop M	26.99 8
3 Walker, McKenzie	12	South Whidbe	27.12 6
4 McGinnis, Brittany	11	Granite Fall	27.25 5
5 Yant, Kortney	10	Archbishop M	27.71 4
6 Jensen, Ariel	9	Lakewood	27.77 3
7 Hoskins, Jai'lysa	9	Coupeville	27.81 2
8 Hendrix, Michaela	9	King's	27.91 1

Event 18 Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 King, Tyler	11	Coupeville	9:40.02 10
2 Ballew, Conner	11	Archbishop M	9:42.00 8
3 Guske, Taylor	12	Lakewood	9:59.55 6
4 Culp, Christian	11	Sultan	10:08.01 5
5 Mugrage, Kris	10	Lakewood	10:10.30 4
6 Montgomery, Mitchell	10	Cedarcrest	10:12.83 3
7 Lee, Sam	10	South Whidbe	10:16.64 2
8 Jensen, Avery	10	Lakewood	10:16.75 0.5
8 Holeman, Sam	10	Archbishop M	10:16.75 0.5
10 Mow, Ben	11	Granite Fall	10:27.23
11 Linnerooth, Chad	11	Cedarcrest	10:28.78
12 Nash, Ryan	9	Granite Fall	10:36.20
13 Yu, Jonathan	10	King's	10:44.56
14 Paxman, Cody	10	Cedarcrest	10:45.00
15 Wanichkek, Cody	9	Cedarcrest	10:53.29
16 Bailey, Matte	11	King's	10:56.02
17 Warwick, Scott	11	South Whidbe	10:58.51
18 Gogert, Mitchel	12	Lakewood	11:10.69
19 Nelson, James	10	Sultan	11:12.87
20 Landau, Sam	9	Coupeville	12:05.86

Event 19 Girls 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Morrill, Rici	12	Sultan	11:38.84 10
2 Strodel, Cara	11	Cedarcrest	11:43.61 8
3 Alexander, Rhiannon	9	Granite Fall	11:47.20 6
4 Cundy, Rachel	10	Lakewood	11:51.37 5
5 Eldredge, Brenna	11	Cedarcrest	11:54.28 4
6 Bartz, Michaela	10	Archbishop M	11:55.73 3
7 Taylor, Makenzie	12	King's	11:59.06 2
8 Stelling, Lillianna	9	South Whidbe	12:00.40 1
9 Dowd, Missy	12	Cedarcrest	12:05.27
10 Hamm, Morgan	12	King's	12:13.59
11 Beam, Jessica	11	Cedarcrest	12:13.83
12 Eslinger, Adele	12	King's	12:17.42
13 Sowards, Chelsea	12	Lakewood	12:27.54
14 Krawiec, Cassidy	9	Cedarcrest	12:34.08
15 McCloskey, Claire	9	Archbishop M	12:53.58
16 Chittenden, A	12	Cedarcrest	12:58.22
17 Dang, Annie	10	Archbishop M	13:02.74
18 Yang, Michelle	11	King's	13:55.33
19 Chapman, Aly	9	South Whidbe	14:20.42

Event 20 Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Cedarcrest		3:30.67 10
1) Erickson, Tyler 12	2) Koons, Austin 10	
3) Farias, Hernan 12	4) Hammontree, Clay 12	

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Results

Finals ... (Event 20 Boys 4x400 Meter Relay)

Team	Relay	Finals	
2 Lakewood		3:33.04	8
1) Pouley, Tyler 12	2) Skiles, Chad 12		
3) Graves, Christian 12	4) Howe, Nick 12		
3 Archbishop Murphy		3:33.77	6
1) Mathis, Parker 11	2) Broadwell, Austin 10		
3) Loutsis, Ryan 11	4) Ballew, Conner 11		
4 King's		3:37.43	5
1) Hirst, Slater 11	2) Faubion, Nate 12		
3) VanGorkom, Aaron 11	4) Emmons, Hap 10		
5 Coupeville		3:39.09	4
1) Bates, Chase 11	2) King, Tyler 11		
3) Pelroy, Mitch 10	4) Hoskins, Will 11		
6 Sultan		3:49.62	3
1) Freymuth, Deon 10	2) Mackey, Andrew 9		
3) Reilly, Jaden 10	4) Culp, Christian 11		
7 Granite Falls		3:55.44	2
1) Mow, Ben 11	2) Nash, Ryan 9		
3) Jackson, Andrew 10	4) Buchholz, Addison 9		

Event 21 Girls 4x400 Meter Relay

Team	Relay	Finals	
Finals			
1 King's		4:10.56	10
1) McDevitt, Sami 10	2) Storkson, Karlie 10		
3) Rice, Stephanie 11	4) Fransen, Caitlin 10		
2 Lakewood		4:16.52	8
1) Jensen, Ariel 9	2) Dierickx, Erin 12		
3) Burnell, Amber 12	4) Anderson, Kelsey 11		
3 Archbishop Murphy		4:18.56	6
1) Loutsis, Megan 10	2) Beck, Allyson 10		
3) Flake, Alexandra 10	4) Hoban, Eileen 10		
4 Granite Falls		4:32.14	5
1) Loesche, Courteney 9	2) Mow, Rachel 9		
3) Alexander, Rhiannon 9	4) McGinnis, Brittany 11		
5 South Whidbey		5:32.59	4
1) Walker, McKenzie 12	2) Martin, Emily 11		
3) Stelling, Lillianna 9	4) Cepowski, Sarah 10		

Event 22 Boys Long Jump

Name	Yr	School	Finals	
Finals				
1 Hallberg, Will	11	South Whidbe	21-06.00	10
2 Clauson, Curtis	11	King's	21-03.75	8
3 Scott, Andre	11	Lakewood	21-01.25	6
4 Pleis, Jackson	12	Cedarcrest	19-09.75	5
5 VanderWel, Austin	11	Archbishop M	19-02.00	4
6 Day, Zach	11	Sultan	19-00.50	3
7 Brown, Jesse	11	Lakewood	18-08.25	2
8 Vakamoce, Martin	10	Cedarcrest	18-06.00	1
9 VanderWel, Hans	9	Archbishop M	18-04.00	
10 Hoskins, Will	11	Coupeville	18-03.25	
11 Langford, Colby	10	King's	18-00.75	
12 Marler, Zac	12	Sultan	17-11.75	
13 Pelroy, Mitch	10	Coupeville	17-07.50	

14 Leitzke, Brandon	9	Granite Fall	17-04.00	
15 Gordon, Randy	11	Archbishop M	16-10.00	
16 Vandenekart, Theo	11	Sultan	16-07.00	
17 Jackson, Shoen	11	Granite Fall	16-03.00	
18 Simchuk, Kyle	9	South Whidbe	15-04.00	
--- Peterson, Justin	9	Lakewood	ND	
--- Lam, Emmett	11	King's	ND	

Event 23 Girls Long Jump

Name	Yr	School	Finals	
Finals				
1 Calderwood, Cayla	12	South Whidbe	15-09.75	10
2 VanGorKom, Jodi	12	King's	15-07.75	8
3 Ott, Kalyn	9	Sultan	15-03.00	6
4 Yant, Kortney	10	Archbishop M	15-01.25	5
5 Koch, Shelby	9	Archbishop M	14-04.00	4
6 Fletcher, Savannah	12	Archbishop M	14-01.50	3
7 Bawden, Allison	9	Cedarcrest	14-00.75	2
8 Haunreiter, Ilyssa	10	Lakewood	13-10.25	1
9 Kieling, Daphne	9	King's	13-08.75	
10 Lasswell, Catherine	10	Archbishop M	13-07.75	
11 Nelson, Carley	9	Sultan	13-04.25	
12 Hammon, MacKenzie	11	Sultan	12-05.50	
13 Gleason, Faith	10	King's	12-00.50	
14 Robinson, Laurie	11	South Whidbe	11-07.50	

Event 24 Boys Triple Jump

Name	Yr	School	Finals	
Finals				
1 Hallberg, Will	11	South Whidbe	46-04.25	10
2 Clauson, Curtis	11	King's	42-03.75	8
3 Pleis, Jackson	12	Cedarcrest	41-06.75	6
4 Scott, Andre	11	Lakewood	41-05.25	5
5 Vandenekart, Theo	11	Sultan	39-10.50	4
6 Froland, Taylor	11	Archbishop M	38-03.00	3
7 Helm, Luke	11	Sultan	38-02.25	2
8 Lam, Emmett	11	King's	37-11.00	1
9 Mulvanny, Devin	10	King's	37-07.50	
10 Hoskins, Will	11	Coupeville	36-10.25	
11 Simchuk, Kyle	9	South Whidbe	36-08.75	
12 Marler, Zac	12	Sultan	J36-08.75	
13 Langford, Colby	10	King's	34-11.75	
14 Leitzke, Brandon	9	Granite Fall	34-09.25	
--- Day, Zach	11	Sultan	ND	

Event 25 Girls Triple Jump

Name	Yr	School	Finals	
Finals				
1 Calderwood, Cayla	12	South Whidbe	34-00.00	10
2 Leonard, Danielle	11	Archbishop M	33-07.75	8
3 Hendrix, Michaela	9	King's	31-07.00	6
4 Hammon, MacKenzie	11	Sultan	31-06.50	5
5 Fletcher, Savannah	12	Archbishop M	31-04.50	4
6 Fransen, Caitlin	10	King's	31-04.25	3
7 Quinn, Isabelle	10	King's	30-11.00	2
8 Robinson, Laurie	11	South Whidbe	29-11.00	1

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Finals ... (Event 25 Girls Triple Jump)

Name	Yr	School	Finals
9 Beucherie, Cassie	12	Sultan	29-10.25
10 Lasswell, Catherine	10	Archbishop M	29-06.00
11 Bawden, Allison	9	Cedarcrest	29-02.00
12 Gleason, Faith	10	King's	28-11.50
13 Ott, Kalyn	9	Sultan	28-11.00
14 Shinn, Maddy	9	King's	28-09.25
15 Darby, Kara	11	Sultan	28-04.50
--- Kim, Natalie	10	King's	ND
--- Greene, Ellie	9	South Whidbe	ND

Event 26 Boys High Jump

Name	Yr	School	Finals
Finals			
1 Peterson, Justin	9	Lakewood	6-02.00 10
2 Pleis, Jackson	12	Cedarcrest	6-00.00 8
3 Byrne, Brandon	9	Archbishop M	5-10.00 6
4 Vandenekart, Theo	11	Sultan	J5-10.00 5
5 Schireman, Mark	10	Archbishop M	J5-10.00 4
6 Hirst, Slater	11	King's	5-08.00 2.5
6 Berendsen, Daniel	12	King's	5-08.00 2.5
8 Helm, Luke	11	Sultan	J5-08.00 1
9 Froland, Taylor	11	Archbishop M	5-06.00
10 Hoskins, Will	11	Coupeville	J5-06.00
11 Jones, Reid	9	King's	5-04.00
11 Schober, Zachary	10	King's	5-04.00
13 Mulvanny, Devin	10	King's	J5-04.00
14 Simchuk, Kyle	9	South Whidbe	5-02.00
15 Harris, Josh	9	Lakewood	J5-02.00

Event 27 Girls High Jump

Name	Yr	School	Finals
Finals			
1 Calderwood, Cayla	12	South Whidbe	5-02.00 10
2 Dondrea, Charnie	11	Lakewood	5-01.00 8
3 Beucherie, Cassie	12	Sultan	5-00.00 6
4 Ballenger, Alex	11	King's	4-10.00 5
5 Bawden, Allison	9	Cedarcrest	4-08.00 3.5
5 Cervarich, Tia	10	Granite Fall	4-08.00 3.5
7 Knibbe, Megan	9	Lakewood	J4-08.00 1.5
7 Hammon, MacKenzie	11	Sultan	J4-08.00 1.5
9 Teitzel, Julia	9	King's	J4-08.00
10 Kim, Natalie	10	King's	J4-08.00
11 Greene, Ellie	9	South Whidbe	4-06.00
12 Anderson, Madeleine	9	Archbishop M	4-04.00
12 Fox, Alexandra	9	Archbishop M	4-04.00
14 Mack, Charlotte	9	Lakewood	J4-04.00
15 Rebich, Kylie	11	Archbishop M	4-02.00
16 Bodmer, Kay	12	Archbishop M	4-00.00

Event 28 Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 Klein, Mason	12	Sultan	13-03.00 10
2 Sheppard, Ben	10	Granite Fall	12-00.00 8

3 Cameron, Paul	12	Sultan	11-06.00 6
4 Jackson, Andrew	10	Granite Fall	11-00.00 5
5 Wade, Cameron	11	Archbishop M	J11-00.00 4
6 Taylor, Caleb	9	King's	10-06.00 3
7 Olander, Jarad	9	Granite Fall	10-00.00 2
8 Doubek, Steven	9	Sultan	9-06.00 1
9 Kiefer, Sam	11	Lakewood	J9-06.00
10 Perry, Manny	11	King's	J9-06.00
11 Scheiene, Daniel	12	Granite Fall	9-00.00
12 Mulvanny, Devin	10	King's	8-06.00
12 Cao, Cody	10	Lakewood	8-06.00
14 Minnie, Bennett	9	Cedarcrest	J8-06.00
15 Stewart, Matt	10	King's	8-00.00

Event 29 Girls Pole Vault

Name	Yr	School	Finals
Finals			
1 Clark, Chrystle	12	Lakewood	9-03.00 10
2 Dean, Anna	12	King's	9-00.00 8
3 Blatchford, Sarah	12	King's	8-09.00 6
4 Tompkins, Emily	10	Sultan	8-06.00 5
5 Gorman, Molly	10	Cedarcrest	7-06.00 4
6 Stelling, Lillianna	9	South Whidbe	J7-06.00 3
7 Butler, Aisha	11	Lakewood	7-00.00 1.5
7 Cervarich, Tia	10	Granite Fall	7-00.00 1.5
9 Tabor, Brittany	10	Sultan	J7-00.00
10 Knibbe, Megan	9	Lakewood	6-06.00
10 Cao, Ternessa	11	Lakewood	6-06.00
12 Schneiders, Hannah	11	Granite Fall	J6-06.00
12 Martin, Emily	11	South Whidbe	J6-06.00
12 Nyberg, Heather	12	Lakewood	J6-06.00
--- Baldwin, Brianna	12	Archbishop M	NH
--- Watters, Kate	11	King's	NH

Event 30 Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Hammer, Hunter	11	Coupeville	51-00.50 10
2 Lessley, Win	11	King's	47-01.50 8
3 Engstrom, Jackson	12	South Whidbe	46-11.00 6
4 Beebe, Zach	12	Sultan	45-06.00 5
5 Alwood, Bobby	12	Sultan	43-01.00 4
6 Skelton, Tyler	12	Cedarcrest	42-11.50 3
7 Moore, Thor	11	Sultan	42-00.75 2
8 Browning, Parker	11	King's	41-10.00 1
9 Jackson, Shoen	11	Granite Fall	41-05.75
10 Zuver, Danny	12	South Whidbe	40-11.00
11 Friedline, Mason	9	King's	39-06.00
12 Throckmorton, Patrick	12	Archbishop M	39-04.00
12 Boivin, Andrew	9	King's	39-04.00
12 Idso, Zach	12	South Whidbe	39-04.00
15 Piercy, Zach	12	Coupeville	38-08.75
16 Thomas, Dakota	11	Granite Fall	38-07.75
17 Banks, Jonathan	12	King's	37-09.00
18 Justus, Colton	10	South Whidbe	35-03.00
19 Young, Ryker	12	King's	33-10.00

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Results

Finals ... (Event 30 Boys Shot Put)

Name	Yr	School	Finals
20 Williamson, Simon	12	Lakewood	31-05.00
21 Fleming, Clayton	11	Cedarcrest	31-04.25
22 Otte, David	9	Lakewood	31-03.25
--- Tevaga, Julius	11	Archbishop M	ND

Event 31 Girls Shot Put

Name	Yr	School	Finals
Finals			
1 Stillwell, Madison	10	Sultan	34-00.00 10
2 Berger, Angelina	9	South Whidbe	32-03.50 8
3 Carlson, Muriah	11	Cedarcrest	31-07.00 6
4 Kjelland, Emily	11	Sultan	31-04.50 5
5 Engstrom, Kelsey	11	South Whidbe	30-06.50 4
6 Wetli, Jennie	11	Cedarcrest	30-01.50 3
7 Rebich, Kylie	11	Archbishop M	29-04.50 2
8 McNaughton, Makayla	9	Sultan	28-10.00 1
9 Ballenger, Alex	11	King's	27-09.50
10 Gress, Cassie	11	Sultan	27-08.00
11 Fletcher, Savannah	12	Archbishop M	26-10.50
12 Smith, Ericka	11	Granite Fall	26-03.00
13 Anderson, Zoe	9	King's	25-05.50
14 Mulvanny, Rachel	9	King's	25-01.00
15 Barger, Paige	10	Granite Fall	24-05.50
16 Young, Courtney	9	Granite Fall	24-01.00
17 Shattuck, Jennifer	9	Lakewood	19-04.75
18 Russell, Anna	9	Lakewood	18-07.75
--- Klipp, Maggie	11	King's	ND

Event 32 Boys Discus Throw

Name	Yr	School	Finals
Finals			
1 Browning, Parker	11	King's	140-05 10
2 Alwood, Bobby	12	Sultan	136-02 8
3 Idso, Zach	12	South Whidbe	134-06 6
4 Zuver, Danny	12	South Whidbe	130-09 5
5 Lessley, Win	11	King's	126-01 4
6 Hammer, Hunter	11	Coupeville	125-02 3
7 Engstrom, Jackson	12	South Whidbe	124-07 2
8 Friedline, Mason	9	King's	120-08 1
9 Skelton, Tyler	12	Cedarcrest	117-03
10 Bates, Kenny	12	Cedarcrest	115-07
11 Moore, Thor	11	Sultan	111-01
12 Piercy, Zach	12	Coupeville	109-00
13 Zhou, Michael	12	South Whidbe	103-05
14 Throckmorton, Patrick	12	Archbishop M	102-09
15 Otte, David	9	Lakewood	102-02
16 Thompson, Ben	11	King's	99-03
17 Storm, Paul	12	South Whidbe	98-08
18 Banks, Jonathan	12	King's	96-10
19 Jackson, Shoen	11	Granite Fall	95-00
20 Shepard, Bryce	9	Lakewood	90-02
21 Thomas, Dakota	11	Granite Fall	89-03
22 Zarate, Nathan	11	Archbishop M	86-00

Event 33 Girls Discus Throw

Name	Yr	School	Finals
Finals			
1 Ballenger, Alex	11	King's	104-11 10
2 Griffen, Ashton	12	Cedarcrest	102-01 8
3 Kjelland, Emily	11	Sultan	97-07 6
4 Berger, Angelina	9	South Whidbe	97-03 5
5 Gress, Cassie	11	Sultan	95-00 4
6 Fletcher, Savannah	12	Archbishop M	93-02 3
7 Engstrom, Kelsey	11	South Whidbe	93-00 2
8 Dobbs, Kathryn	11	King's	92-11 1
9 Wetli, Jennie	11	Cedarcrest	90-00
10 Young, Courtney	9	Granite Fall	88-03
11 Calderwood, Cayla	12	South Whidbe	86-10
12 Klipp, Maggie	11	King's	86-05
13 Rebich, Kylie	11	Archbishop M	85-03
14 Mulvanny, Rachel	9	King's	81-08
15 Carlson, Muriah	11	Cedarcrest	79-03
16 Collinwood, Melissa	10	Cedarcrest	78-03
17 Richards, Becca	10	King's	77-01
18 Stillwell, Madison	10	Sultan	75-10
19 Russell, Anna	9	Lakewood	68-02
20 Loesche, Courteney	9	Granite Fall	67-11
21 Hoerauf, Kathryn	12	Archbishop M	64-06
22 Anderson, Zoe	9	King's	54-08
--- McNaughton, Makayla	9	Sultan	ND

Event 34 Boys Javelin Throw

Name	Yr	School	Finals
Finals			
1 Clauson, Curtis	11	King's	199-01 10
2 Bates, Kenny	12	Cedarcrest	181-06 8
3 Hirst, Slater	11	King's	173-11 6
4 Beebe, Zach	12	Sultan	172-05 5
5 Downey, Matthew	11	Archbishop M	168-05 4
6 Alford, Brandon	12	Archbishop M	163-09 3
7 Talbot, Nathan	11	King's	154-07 2
8 Throckmorton, Patrick	12	Archbishop M	153-05 1
9 Schireman, Mark	10	Archbishop M	146-02
10 O'Kinsella, Connor	10	Lakewood	138-04
11 Alwood, Bobby	12	Sultan	137-04
12 Peterson, Justin	9	Lakewood	134-02
13 Hong, Wu-Bene	11	King's	133-02
14 Banks, Jonathan	12	King's	133-00
15 Lee, Sam	10	South Whidbe	130-04
16 Klein, Mason	12	Sultan	124-05
17 Engle, Dalton	10	Coupeville	122-00
18 Lessley, Win	11	King's	118-00
19 Fleming, DJ	12	Cedarcrest	114-09
20 Jackson, Shoen	11	Granite Fall	114-05
21 Idso, Zach	12	South Whidbe	112-02
22 Froland, Taylor	11	Archbishop M	108-02
23 Scheiene, Daniel	12	Granite Fall	103-03

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Name	Yr	School	Finals	
Finals				
1 Griffen, Ashton	12	Cedarcrest	118-08	10
2 Adams, Samantha	11	Lakewood	108-10	8
3 Smith, Ericka	11	Granite Fall	107-05	6
4 Hamm, Morgan	12	King's	100-06	5
5 Gress, Cassie	11	Sultan	88-03	4
6 Gibson, Hanna	10	Cedarcrest	84-06	3
7 Engstrom, Kelsey	11	South Whidbe	82-05	2
8 Young, Courtney	9	Granite Fall	79-04	1
9 Cao, Ternessa	11	Lakewood	78-04	
10 Gleason, Faith	10	King's	75-07	
11 McNaughton, Makayla	9	Sultan	74-09	
12 Paradis, Hanna	11	Cedarcrest	71-08	
13 Berger, Angelina	9	South Whidbe	69-00	
14 Barger, Paige	10	Granite Fall	62-00	
15 Cervarich, Tia	10	Granite Fall	60-06	
16 Christensen, Hannah	9	Coupeville	57-05	
17 Austad, Kathleen	12	Lakewood	56-02	
--- Carroll, Kaylan	12	Archbishop M	ND	
--- Klipp, Maggie	11	King's	ND	

Women - Team Rankings - 18 Events Scored

1) King's	167
2) South Whidbey	123
3) Archbishop Murphy	98
4) Lakewood	96
5) Sultan	83.5
6) Cedarcrest	75.5
7) Granite Falls	33
8) Coupeville	10

Men - Team Rankings - 17 Events Scored

1) King's	116
2) Lakewood	109.5
3) Archbishop Murphy	97.5
4) Cedarcrest	88
5) Sultan	85
6) South Whidbey	77
7) Coupeville	59
8) Granite Falls	19