

2014 Cascade / Kingco Sub Districts - 5/14/2014 to 5/16/2014

Cedarcrest HS

Results

Girls 100 Meter Dash

Stadium: 12.22S 2012 Cherish Morrison			
LaneName	Yr	Team	Prelims
Preliminaries			
1 Collinge, Cassie	9	GFAL	12.84Q
2 Larsen, Lis	11	ARCH	13.17Q
3 Curlanis, Lauren	11	LWAS	13.22Q
4 Weaver, Tayla	9	CEDC	13.31Q
5 Robinson, Kyanee	12	SAMM	13.35Q
6 Buzzell, Emilee	9	SULT	13.44Q
7 Garmanian, Kianna	10	ARCH	13.37q
8 Ball, Courtney	9	LKWD	13.57q
9 Therriault, Marissa	11	SAMM	13.59
10 Storms, Taylor	10	LKWD	13.87
11 Andrews, Clara	9	LWAS	14.06
12 Nguyen, Alina	9	LWAS	14.07
13 O'Kinsella, Kendall	12	LKWD	14.11
14 Hegnes, Kat	10	LKWD	14.12
15 Helf, Kathy	9	LWAS	14.21
16 Frelix, Jordan	9	SAMM	14.24

Girls 100 Meter Dash

Stadium: 12.22S 2012 Cherish Morrison			
Name	Yr	Team	Finals
Finals			
1 Collinge, Cassie	9	GFAL	12.89
2 Larsen, Lis	11	ARCH	13.15
3 Curlanis, Lauren	11	LWAS	13.17
4 Weaver, Tayla	9	CEDC	13.33
5 Robinson, Kyanee	12	SAMM	13.43
6 Garmanian, Kianna	10	ARCH	13.56
7 Ball, Courtney	9	LKWD	13.58
8 Buzzell, Emilee	9	SULT	13.65

Girls 200 Meter Dash

Stadium: 25.01S 2012 Cherish Morrison			
LaneName	Yr	Team	Prelims
Preliminaries			
1 Collinge, Cassie	9	GFAL	26.46Q
2 Garmanian, Kianna	10	ARCH	27.58Q
3 Weaver, Tayla	9	CEDC	27.78Q
4 Therriault, Marissa	11	SAMM	27.96Q
5 Rock, Rachel	12	SAMM	28.13Q
6 Nordness, Jillian	11	LWAS	28.37Q
7 Sentman, Chrishelle	11	SULT	28.42q
8 Buzzell, Emilee	9	SULT	28.44q
9 Ball, Courtney	9	LKWD	28.71
10 Hegnes, Kat	10	LKWD	28.91
11 Meishke, Valorie	11	SULT	29.12
12 Valeson, Grace	11	SAMM	29.40
13 Shimkus, Morgan	10	LKWD	29.41
14 Helf, Kathy	9	LWAS	29.83

Girls 200 Meter Dash

Stadium: 25.01S 2012 Cherish Morrison			
Name	Yr	Team	Finals
Finals			
1 Collinge, Cassie	9	GFAL	26.69
2 Weaver, Tayla	9	CEDC	27.41
3 Garmanian, Kianna	10	ARCH	27.91
4 Buzzell, Emilee	9	SULT	28.21
5 Rock, Rachel	12	SAMM	28.37
6 Nordness, Jillian	11	LWAS	28.42
7 Therriault, Marissa	11	SAMM	28.50
8 Sentman, Chrishelle	11	SULT	28.57

Girls 400 Meter Dash

Stadium: 57.06S 2012 Cherish Morrison			
LaneName	Yr	Team	Prelims
Preliminaries			
1 Collinge, Cassie	9	GFAL	59.63Q
2 Fisher, Bethany	9	LKWD	61.66Q
3 Devereaux, Briana	9	CEDC	61.36Q
4 Wells, Allison	10	LWAS	61.85Q
5 MacKenzie, Khayla	11	SULT	63.80Q
6 Rock, Rachel	12	SAMM	63.82Q
7 Meishke, Valorie	11	SULT	65.10q
8 Clark, Hunter	10	LKWD	65.97q
9 Yowell, Jordyn	10	CEDC	67.19
10 Gobel, Taylor	10	SULT	67.65
11 O'Kinsella, Kendall	12	LKWD	68.89
12 Knibbs, Olivia	9	LWAS	75.66
13 Stewart, Erica	11	LWAS	75.74

Girls 400 Meter Dash

Stadium: 57.06S 2012 Cherish Morrison			
Name	Yr	Team	Finals
Finals			
1 Collinge, Cassie	9	GFAL	59.35
2 Devereaux, Briana	9	CEDC	60.43
3 Fisher, Bethany	9	LKWD	61.56
4 Wells, Allison	10	LWAS	63.09
5 MacKenzie, Khayla	11	SULT	63.64
6 Rock, Rachel	12	SAMM	64.46
7 Clark, Hunter	10	LKWD	64.48
8 Meishke, Valorie	11	SULT	66.36

Girls 800 Meter Run

Stadium: 2:15.47S 2008 Becca Friday			
LaneName	Yr	Team	Prelims
Preliminaries			
1 Albro, Britney	10	LKWD	2:26.70Q
2 Ross, Caroline	11	LWAS	2:29.71Q
3 Matora, Katia	11	LWAS	2:27.26Q
4 LeGresley, Megan	11	LWAS	2:30.30Q
5 Clowers, Bethany	9	LWAS	2:27.90Q
6 Bartz, Kristi	11	ARCH	2:31.63Q
7 Shinn, Madi	9	CEDC	2:32.46q
8 Smith, Alisa	12	LKWD	2:33.70q

9 Espinoza, Celine	12	LKWD	2:36.61
10 Anderson, Sara	9	LWAS	2:37.26
11 Meischke, Jewelia	10	SULT	2:37.30
12 Buckingham, Kristen	9	LWAS	2:40.18
13 Thronsdn, Darby	11	LKWD	2:41.40
14 Main, Anna	11	SAMM	2:46.14
15 Fekri, Tarah	12	LWAS	2:48.10
16 Wittke, Bridget	12	LWAS	2:57.35

Girls 800 Meter Run

Stadium: 2:15.47S 2008 Becca Friday			
Name	Yr	Team	Finals
Finals			
1 Bartz, Kristi	11	ARCH	2:19.50
2 Albro, Britney	10	LKWD	2:19.86
3 Matora, Katia	11	LWAS	2:20.05
4 Ross, Caroline	11	LWAS	2:20.07
5 Shinn, Madi	9	CEDC	2:24.69
6 LeGresley, Megan	11	LWAS	2:25.23
7 Clowers, Bethany	9	LWAS	2:26.05
8 Smith, Alisa	12	LKWD	2:32.80

Girls 1600 Meter Run

Stadium: 5:07.03S 2012 Brittany Gappa			
Name	Yr	Team	Finals
Finals			
1 Matora, Katia	11	LWAS	5:08.23
2 De Sa E Silva, Pascale	11	SAMM	5:11.30
3 LeGresley, Megan	11	LWAS	5:18.56
4 Bartz, Kristi	11	ARCH	5:21.11
5 Shinn, Madi	9	CEDC	5:25.43
6 Waterman, Olivia	12	CEDC	5:25.96
7 Hall, Keely	9	LKWD	5:27.05
8 Whitehead, Lilly	10	LKWD	5:27.63
9 Anderson, Amelia	12	CEDC	5:33.98
10 Carr, Diana	12	CEDC	5:46.09
11 Meischke, Jewelia	10	SULT	5:50.94
12 Roberts, Rachel	11	SAMM	5:51.11
13 Barron, Teresa	9	ARCH	5:54.32
14 Thronsdn, Darby	11	LKWD	5:54.81
15 Meza, Alondra	12	LKWD	6:09.03
16 Knowles, Ellen	11	LKWD	6:18.02

Girls 3200 Meter Run

Stadium: 10:59.82S 2012 Brittany Gappa			
Name	Yr	Team	Finals
Finals			
1 De Sa E Silva, Pascale	11	SAMM	11:19.96
2 Waterman, Olivia	12	CEDC	11:31.81
3 LeGresley, Megan	11	LWAS	11:40.90
4 Anderson, Amelia	12	CEDC	11:47.62
5 Hall, Keely	9	LKWD	11:59.06
6 Roberts, Rachel	11	SAMM	12:00.93
7 Whitehead, Lilly	10	LKWD	12:02.43
8 Espinoza, Celine	12	LKWD	12:26.60
9 Sowards, Rachel	12	LKWD	12:30.61
10 Buckingham, Kristen	9	LWAS	12:40.57

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Cedarcrest HS

Results

Finals ... (Girls 3200 Meter Run)

11	Fekri, Tarah	12	LWAS	12:50.71
12	Newman, Sara	12	LKWD	12:54.89
13	Meza, Alondra	12	LKWD	13:03.93
14	Knowles, Ellen	11	LKWD	13:24.69
15	Hedreen, Siri	10	LWAS	15:12.50

Girls 100 Meter Hurdles

Stadium: 14.89S 2009 Sarah Schireman

LaneName	Yr	Team	Prelims	
Preliminaries				
1	McLaughlin, Megan	10	LWAS	16.65Q
2	Cox, Josephine	9	LKWD	16.77Q
3	Smith, Stephanie	10	LKWD	17.91Q
4	Troje, McKenna	10	SAMM	18.02Q
5	Page, Jessie	11	LWAS	18.06Q
6	Parks, Kaylee	10	LKWD	18.26Q
7	Kelleher, Katie	11	ARCH	18.20q
8	Stabbert, Rachel	10	SAMM	18.34q
9	Cairns, Amara	12	LWAS	18.51
10	Khamsaly, Amberly	12	SULT	18.66
11	Elie, Crystal	11	SULT	18.87
12	Sandoval, Jasmine	12	LKWD	19.12
13	Prichard, Julie	12	LWAS	19.13
14	Miller, Madison	9	LWAS	19.16
15	Hogle, Kaylah	9	ARCH	20.07
16	Miller, Riley	11	LKWD	24.76

Girls 100 Meter Hurdles

Stadium: 14.89S 2009 Sarah Schireman

Name	Yr	Team	Finals	
Finals				
1	McLaughlin, Megan	10	LWAS	16.61
2	Cox, Josephine	9	LKWD	17.01
3	Smith, Stephanie	10	LKWD	17.44
4	Troje, McKenna	10	SAMM	17.99
5	Kelleher, Katie	11	ARCH	18.12
6	Page, Jessie	11	LWAS	18.19
7	Parks, Kaylee	10	LKWD	18.21
8	Stabbert, Rachel	10	SAMM	18.52

Girls 300 Meter Hurdles

Stadium: 45.39S 2008 Sarah Schireman

LaneName	Yr	Team	Prelims	
Preliminaries				
1	McLaughlin, Megan	10	LWAS	48.37Q
2	May, Michelle	12	LWAS	48.85Q
3	Smith, Stephanie	10	LKWD	49.25Q
4	Cox, Josephine	9	LKWD	49.92Q
5	Khamsaly, Amberly	12	SULT	51.83Q
6	Becker, Chunsi	9	SAMM	53.97Q
7	Prichard, Julie	12	LWAS	54.49q
8	Miller, Madison	9	LWAS	54.78q
9	Parks, Kaylee	10	LKWD	55.32
10	Stabbert, Rachel	10	SAMM	55.39
11	Hogle, Kaylah	9	ARCH	55.70

12	McCann, Chloe	11	LKWD	56.07
13	Enstrom, Lexi	9	LWAS	56.47
14	Elie, Crystal	11	SULT	58.25
15	Miller, Riley	11	LKWD	62.71

Girls 300 Meter Hurdles

Stadium: 45.39S 2008 Sarah Schireman

Name	Yr	Team	Finals	
Finals				
1	McLaughlin, Megan	10	LWAS	46.97
2	May, Michelle	12	LWAS	48.51
3	Smith, Stephanie	10	LKWD	48.62
4	Cox, Josephine	9	LKWD	49.66
5	Khamsaly, Amberly	12	SULT	50.63
6	Becker, Chunsi	9	SAMM	53.61
7	Prichard, Julie	12	LWAS	53.78
8	Miller, Madison	9	LWAS	55.54

Girls 4x100 Meter Relay

Stadium: 48.83S 2012 Sehome

Team	Relay	Finals
Finals		
1	Archbishop Murphy	51.99
2	Lakewood	52.53
3	Lake Washington	54.66
4	Sammamish	55.25
5	Sultan	56.02

Girls 4x200 Meter Relay

Stadium: 1:42.88S 2012 Sehome

Team	Relay	Finals
Finals		
1	Sultan	1:50.80
2	Lakewood	1:51.13
3	Sammamish	1:51.95
4	Lake Washington	1:52.84
5	Archbishop Murphy	2:00.60

Girls 4x400 Meter Relay

Stadium: 3:58.70S 2012 Blaine

Team	Relay	Finals
Finals		
1	Lake Washington	4:09.98
2	Lakewood	4:11.05
3	Sultan	4:21.20
4	Archbishop Murphy	4:21.62
5	Sammamish	4:35.69

Girls High Jump

Stadium: 5-03S 2003 Kara Bennett

Name	Yr	Team	Finals	
Finals				
1	Bartz, Kristi	11	ARCH	5-00.00
2	Cymbaluk, Jaime	9	ARCH	4-11.00

3	Wallace, Zoei	10	SULT	4-10.00
4	Feeney, Claire	10	ARCH	4-08.00
4	Tutor, Chloe	12	SULT	4-08.00
6	Helgeson, Maret	10	LWAS	J4-08.00
7	Larsson, Emma	11	LWAS	J4-08.00
8	Prichard, Julie	12	LWAS	4-06.00
9	Krueger, Regan	9	ARCH	4-04.00
9	Krueger, Reilly	10	ARCH	4-04.00
9	Hansen, Hayley	9	GFAL	4-04.00
12	Phavong, Vyla	10	SAMM	4-02.00
13	Hu, Cynthia	11	SAMM	4-00.00
---	Mulvaney, Keara	9	ARCH	NH

Girls Pole Vault

Stadium: 11-00S 2012 Kirsten Webber

Name	Yr	Team	Finals	
Finals				
1	Parish, Bailey	12	CEDC	10-03.00
2	Shimkus, Morgan	10	LKWD	9-03.00
3	Street, Katie	12	SULT	8-00.00
4	Krueger, Reilly	10	ARCH	J8-00.00
5	Miller, Madison	9	LWAS	J8-00.00
5	Krueger, Regan	9	ARCH	J8-00.00
7	Loch, Robin	11	SULT	J8-00.00
8	Troje, McKenna	10	SAMM	7-06.00
9	Budig, Megan	10	CEDC	J7-06.00
10	Gasparini, Angela	12	SULT	J7-06.00
11	McChessney, Sammie	10	LWAS	7-00.00
12	Risenmay, Bailey	10	SULT	J7-00.00
13	Bequette, Sierra	11	ARCH	J7-00.00
14	Thom, Tessa	9	GFAL	6-00.00
14	Manning, Jacqueline	10	ARCH	6-00.00
16	Hogle, Kaylah	9	ARCH	J6-00.00

Girls Long Jump

Stadium: 18-02.75S 2009 Sarah Schireman

LaneName	Yr	Team	Finals	
Finals				
1	Curlanis, Lauren	11	LWAS	16-04.25
2	Collinge, Cassie	9	GFAL	15-05.25
3	Larsen, Lis	11	ARCH	15-05.00
4	Parish, Bailey	12	CEDC	14-07.50
5	Risenmay, Hannah	12	SULT	14-02.50
6	Therriault, Marissa	11	SAMM	14-01.75
7	Storms, Taylor	10	LKWD	14-00.75
8	Biddle, Anna	12	SULT	14-00.00
9	Kelleher, Katie	11	ARCH	13-11.25
10	Helgeson, Maret	10	LWAS	13-09.25
11	Buzzell, Emilee	9	SULT	13-06.25
12	Baer, Marissa	10	ARCH	13-06.00
13	Soriano-Noceda, Hanr	9	ARCH	12-11.25
14	Sandoval, Jasmine	12	LKWD	12-10.50
15	Day, Tiannah	9	SULT	12-08.00

2014 Cascade / Kingco Sub Districts - 5/14/2014 to 5/16/2014

Cedarcrest HS

Results

Girls Triple Jump

Stadium: 37-02.50S 2009 Sarah Schireman

Name	Yr	Team	Finals
Finals			
1 Curlanis, Lauren	11	LWAS	35-04.50
2 Risenmay, Hannah	12	SULT	30-11.00
3 Erickson, Monica	12	ARCH	30-10.75
4 Biddle, Anna	12	SULT	30-01.50
5 Rauvola, Alexa	11	ARCH	29-02.00
6 Troje, McKenna	10	SAMM	28-01.00
--- Meadows, Caitlyn	10	SULT	ND

Girls Shot Put

Stadium: 45-07.75S 2012 Gina Flint

LaneName	Yr	Team	Finals
Finals			
1 Jones, Reille	10	LKWD	33-04.75
2 Bautista, Yulissa	10	LKWD	32-07.50
3 Smith, Kathryn	12	CEDC	32-04.50
4 Kirchgessner, Jordyn	12	ARCH	31-06.50
5 Alford, Rachel	12	ARCH	31-04.00
6 Hubbard, Claudia	10	SULT	30-03.50
7 Johnson, Courtney	11	LWAS	30-03.00
8 Brusklund, Taryn	12	CEDC	30-02.50
9 Sentman, Chrishelle	11	SULT	29-06.25
10 Stuller, Molly	12	LKWD	29-02.25
11 Phillips, Megan	10	LWAS	28-05.25
12 Onderbeke, Emily	12	GFAL	28-04.50
13 Hansen, Hayley	9	GFAL	28-03.00
14 Winter, Austin	12	LKWD	27-05.50
15 Flegel, Selena	10	GFAL	27-02.50
16 Day, Natalie	11	SULT	24-09.00

Girls Discus Throw

Stadium: 141-00S 2012 Gina Flint

LaneName	Yr	Team	Finals
Finals			
1 Block, Larissa	12	LKWD	100-01
2 Grant, Gillian	11	ARCH	98-04
3 Johnson, Courtney	11	LWAS	94-09
4 Winter, Austin	12	LKWD	94-00
5 Stuller, Molly	12	LKWD	89-11
6 Sandoval, Jasmine	12	LKWD	88-07
7 Day, Natalie	11	SULT	83-00
8 Phillips, Megan	10	LWAS	82-09
9 Chi, Vivian	9	SAMM	77-00
10 Brusklund, Taryn	12	CEDC	76-08
11 Hubbard, Claudia	10	SULT	72-00
12 Thom, Tessa	9	GFAL	68-08
13 Alford, Rachel	12	ARCH	67-08
14 Flegel, Selena	10	GFAL	64-10
15 Nixon, Samantha	12	ARCH	57-05
--- Jones, Reille	10	LKWD	ND

Girls Javelin Throw

Stadium: 130-00S 2007 Danielle Clauson

LaneName	Yr	Team	Finals
Finals			
1 Smith, Kathryn	12	CEDC	126-06
2 Kirchgessner, Jordyn	12	ARCH	110-07
3 Hubbard, Claudia	10	SULT	103-01
4 Robinson, Kyanee	12	SAMM	101-03
5 Johnson, Courtney	11	LWAS	101-01
6 Onderbeke, Emily	12	GFAL	95-04
7 Guinn, Sophia	9	LKWD	91-05
8 Blair, Marissa	10	LKWD	90-01
9 Tutor, Chloe	12	SULT	90-00
10 Day, Natalie	11	SULT	87-11
11 Simecek, Helen	11	LWAS	87-04
12 Amaral, Judy	9	CEDC	87-02
13 White, Aimee	12	LKWD	85-07
14 Bautista, Yulissa	10	LKWD	82-03
15 Turner, Jessica	12	ARCH	80-00
16 Guy, Taylor	12	ARCH	76-06

Boys 100 Meter Dash

Stadium: 10.98S 2014 Josh Dickey

Stadium: 10.98 2014 Josh Dickey

LaneName	Yr	Team	Prelims
Preliminaries			
1 Dickey, Josh	10	LKWD	S 10.98Q
2 Tundra, Justin	12	SAMM	11.35Q
3 Griffin, Cruz	10	LKWD	11.40Q
4 Courtney, Tyler	10	LKWD	11.44Q
5 Owen, Blake	12	LWAS	11.55Q
6 Martin, Ryley	12	SAMM	11.63Q
7 Mooc, Alexandre	12	SAMM	11.73q
8 Atuanya, Chet	10	LWAS	11.89q
9 Lin, Jeffrey	12	LWAS	11.90
10 Chaves, Drake	11	LKWD	11.96
11 Pretorius, Prieuer	10	ARCH	11.99
12 Golden, Ryan	9	CEDC	12.00
13 Lee, Jonathan	11	SAMM	12.01
14 Roa, Chris	10	LWAS	12.02
15 Watts, Blake	11	LKWD	12.29
16 Jones, Remy	11	LWAS	12.36

Boys 100 Meter Dash

Stadium: 10.98S 2014 Josh Dickey

Stadium: 10.98 2014 Josh Dickey

Name	Yr	Team	Finals
Finals			
1 Dickey, Josh	10	LKWD	11.28
2 Tundra, Justin	12	SAMM	11.49
3 Owen, Blake	12	LWAS	11.57
4 Courtney, Tyler	10	LKWD	11.58
5 Griffin, Cruz	10	LKWD	11.62
6 Martin, Ryley	12	SAMM	11.80
7 Mooc, Alexandre	12	SAMM	12.02
8 Atuanya, Chet	10	LWAS	12.08

Boys 200 Meter Dash

Stadium: 22.33S 2013 Luke Driscoll

Stadium: 22.33S 2013 Luke Driscoll

LaneName	Yr	Team	Prelims
Preliminaries			
1 Westlund, Isaac	11	ARCH	22.86Q
2 Dickey, Josh	10	LKWD	23.30Q
3 McVay, Kendric	12	SAMM	23.26Q
4 Owen, Blake	12	LWAS	23.61Q
5 Courtney, Tyler	10	LKWD	23.46Q
6 Hoidal, Jared	9	LKWD	24.01Q
7 Backous, Jonathan	12	SAMM	23.63q
8 St Paul U Ren, Austin	10	SULT	23.67q
9 Golden, Ryan	9	CEDC	24.05
10 Griffin, Cruz	10	LKWD	24.27
11 Mooc, Alexandre	12	SAMM	24.67
12 Smith, Jon	10	GFAL	24.86
13 Dawson, Sean	10	LKWD	25.00
14 Watts, Blake	11	LKWD	25.46
--- Chaves, Drake	11	LKWD	DNF

Boys 200 Meter Dash

Stadium: 22.33S 2013 Luke Driscoll

Stadium: 22.33S 2013 Luke Driscoll

Name	Yr	Team	Finals
Finals			
1 Westlund, Isaac	11	ARCH	22.78
2 McVay, Kendric	12	SAMM	23.23
3 Courtney, Tyler	10	LKWD	23.33
4 Dickey, Josh	10	LKWD	23.51
5 Owen, Blake	12	LWAS	23.52
6 St Paul U Ren, Austin	10	SULT	23.74
7 Backous, Jonathan	12	SAMM	24.02
8 Hoidal, Jared	9	LKWD	24.03

Boys 400 Meter Dash

Stadium: 49.16S 2008 Devon Smith

LaneName	Yr	Team	Prelims
Preliminaries			
1 St Paul U Ren, Austin	10	SULT	52.13Q
2 Westlund, Isaac	11	ARCH	52.57Q
3 Zimmerman, Josh	12	CEDC	53.39Q
4 Lanning, Conor	11	SAMM	54.47Q
5 Dawson, Sean	10	LKWD	54.35Q
6 Mendoza, Justin	11	CEDC	55.25Q
7 Moore, Justus	11	CEDC	54.37q
8 Carey, Demarco	11	ARCH	55.70q
9 Chen, Jacky	9	LWAS	56.01
10 Jones, Remy	11	LWAS	56.74
11 Boucher, Taylor	10	SULT	56.76
12 Hoggard, Logan	10	LWAS	61.31

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Cedarcrest HS

Results

Boys 400 Meter Dash

Stadium: 49.16S 2008 Devon Smith

Name	Yr	Team	Finals
Finals			
1 Westlund, Isaac	11	ARCH	50.20
2 St Paul U Ren, Austin	10	SULT	52.08
3 Lanning, Conor	11	SAMM	52.24
4 Zimmerman, Josh	12	CEDC	53.04
5 Moore, Justus	11	CEDC	54.93
6 Dawson, Sean	10	LKWD	55.59
7 Mendoza, Justin	11	CEDC	55.88
8 Carey, Demarco	11	ARCH	59.02

Boys 800 Meter Run

Stadium: 1:52.66S 2008 Mason McHenry

LaneName	Yr	Team	Prelims
Preliminaries			
1 Smith, Peter	12	ARCH	2:01.67Q
2 Lanning, Conor	11	SAMM	2:02.82Q
3 Radbourne, Quinn	12	CEDC	2:01.74Q
4 Grove, Devon	12	LWAS	2:02.88Q
5 Maggard, Dillon	12	LWAS	2:02.40Q
6 Davis, Preston	12	LKWD	2:02.90Q
7 Schwartz, Caleb	11	LWAS	2:02.50q
8 Gadbois, Dante	10	GFAL	2:02.91q
9 Barrus, Jacob	11	SULT	2:05.42
10 Flowers, Sean	12	SULT	2:05.62
11 Black, McCrea	9	SULT	2:16.57
12 Ly, Thomas	12	LWAS	2:18.00
13 Fay, Ian	9	CEDC	2:19.52
14 Guenther, Christopher	10	SAMM	2:24.46
15 Von Scheliha, Conrad	11	LWAS	2:33.91

Boys 800 Meter Run

Stadium: 1:52.66S 2008 Mason McHenry

Name	Yr	Team	Finals
Finals			
1 Radbourne, Quinn	12	CEDC	1:58.85
2 Maggard, Dillon	12	LWAS	2:00.14
3 Smith, Peter	12	ARCH	2:00.48
4 Grove, Devon	12	LWAS	2:00.95
5 Davis, Preston	12	LKWD	2:01.43
6 Gadbois, Dante	10	GFAL	2:02.88
7 Lanning, Conor	11	SAMM	2:03.39
8 Schwartz, Caleb	11	LWAS	2:03.96

Boys 1600 Meter Run

Stadium: 4:19.53S 2008 Mason McHenry

Name	Yr	Team	Finals
Finals			
1 Grove, Devon	12	LWAS	4:20.02
2 Davis, Douglas	11	LKWD	4:20.41
3 Orndorf, Logan	12	CEDC	4:21.65
4 Radbourne, Quinn	12	CEDC	4:22.60
5 Cabales, Drew	12	LKWD	4:22.76
6 Green, Colton	12	CEDC	4:24.19

7 Maggard, Dillon	12	LWAS	4:25.85
8 Fykerud, Eric	10	LWAS	4:28.41
9 Cooper, Alex	11	LKWD	4:33.70
10 Nguyen, Tommy	11	SAMM	4:35.25
11 Davis, Preston	12	LKWD	4:39.69
12 Lockhart, Ethan	11	LWAS	4:45.92
13 Fay, Ian	9	CEDC	4:47.11
14 Lamon, Kurt	11	LWAS	4:52.22
15 Von Scheliha, Conrad	11	LWAS	5:04.30
--- Darrah, Mitchell	12	LKWD	DNF

Boys 3200 Meter Run

Stadium: 9:07.00S 2012 Patrick Gibson

Name	Yr	Team	Finals
Finals			
1 Darrah, Mitchell	12	LKWD	9:29.79
2 Orndorf, Logan	12	CEDC	9:32.90
3 Davis, Douglas	11	LKWD	9:38.45
4 Cabales, Drew	12	LKWD	9:39.26
5 Green, Colton	12	CEDC	9:39.86
6 Grove, Devon	12	LWAS	9:41.40
7 Fykerud, Eric	10	LWAS	9:48.63
8 Cooper, Alex	11	LKWD	10:00.16
9 Gunderson, Jonathan	12	CEDC	10:26.27
10 Von Scheliha, Conrad	11	LWAS	10:41.98
11 Heidlage, Aaron	12	SULT	10:43.90
12 Shepard, Brandon	11	LKWD	10:51.52
13 Black, McCrea	9	SULT	10:58.72
14 Dams, Vincent	10	CEDC	10:59.97
15 Meza, Anthony	9	LKWD	11:04.75
--- Nguyen, Tommy	11	SAMM	DNF

Boys 110 Meter Hurdles

Stadium: 14.64S 2014 Andrew Stich

Stadium: 14.64 2014 Andrew Stich

LaneName	Yr	Team	Prelims
Preliminaries			
1 Stich, Andrew	12	LKWD	S 14.64Q
2 Moore, Zen	12	SAMM	15.55Q
3 Zuvich, Alex	12	CEDC	16.13Q
4 Dick, Elliot	11	CEDC	16.22Q
5 Whitehead, Ryan	12	LKWD	16.42Q
6 Dalton, Tyler	12	LKWD	16.65Q
7 Force, Tyler	12	SULT	16.44q
8 Lee, Jonathan	11	SAMM	16.97q
9 Brewer, Kelson	10	LKWD	17.08
10 Aikens, Zealand	11	SAMM	18.17
11 Gilbert, Morgan	10	LWAS	18.45
12 Barker, Martin	11	LWAS	19.22
13 Hedreen, Mark	12	LWAS	19.67
14 Dawes, Riley	10	ARCH	20.86

Boys 110 Meter Hurdles

Stadium: 14.64S 2014 Andrew Stich

Stadium: 14.64 2014 Andrew Stich

Name	Yr	Team	Finals
Finals			
1 Stich, Andrew	12	LKWD	14.97
2 Moore, Zen	12	SAMM	16.23
3 Zuvich, Alex	12	CEDC	16.27
4 Lee, Jonathan	11	SAMM	16.51
5 Dick, Elliot	11	CEDC	16.61
6 Whitehead, Ryan	12	LKWD	16.78
7 Force, Tyler	12	SULT	16.79
8 Dalton, Tyler	12	LKWD	17.13

Boys 300 Meter Hurdles

Stadium: 38.65S 2010 Curtis Clauson

LaneName	Yr	Team	Prelims
Preliminaries			
1 Stich, Andrew	12	LKWD	39.94Q
2 Moore, Zen	12	SAMM	40.28Q
3 Brewer, Kelson	10	LKWD	41.75Q
4 Lee, Jonathan	11	SAMM	41.78Q
5 Zuvich, Alex	12	CEDC	42.16Q
6 Dalton, Tyler	12	LKWD	43.50Q
7 Whitehead, Ryan	12	LKWD	43.21q
8 Gear, Will	11	LWAS	43.71q
9 Backous, Jonathan	12	SAMM	43.89
10 Force, Tyler	12	SULT	43.96
11 Dick, Elliot	11	CEDC	44.40
12 Aikens, Zealand	11	SAMM	46.22
13 Stayner, Tristan	9	SAMM	49.00
14 Hedreen, Mark	12	LWAS	49.12
15 Dawes, Riley	10	ARCH	50.83

Boys 300 Meter Hurdles

Stadium: 38.65S 2010 Curtis Clauson

Name	Yr	Team	Finals
Finals			
1 Stich, Andrew	12	LKWD	38.84
2 Moore, Zen	12	SAMM	40.74
3 Brewer, Kelson	10	LKWD	41.24
4 Dalton, Tyler	12	LKWD	42.41
5 Zuvich, Alex	12	CEDC	43.74
6 Whitehead, Ryan	12	LKWD	44.16
7 Gear, Will	11	LWAS	44.38
8 Lee, Jonathan	11	SAMM	50.25

Boys 4x100 Meter Relay

Stadium: 43.12S 2014 Lakewood

Team	Relay	Finals
Finals		
1 Lakewood		43.12S
2 Sannamish		43.90
3 Lake Washington		45.23
4 Archbishop Murphy		45.25

2014 Cascade / Kingco Sub Districts - 5/14/2014 to 5/16/2014

Cedarcrest HS

Results

Finals ... (Boys 4x100 Meter Relay)

--- Sultan DQ

Boys 4x400 Meter Relay

Stadium: 3:23.08S 2012 Squalicum

J Pfannenstiel, C Fredlund, J Malloy, K Reed

Team	Relay	Finals
Finals		
1 Sammamish		3:32.77
2 Cedarcrest		3:32.95
3 Lakewood		3:36.59
4 Lake Washington		3:43.14

Boys High Jump

Stadium: 6-04S 2009 Jackson Pleis

Stadium: 6-04S 2005 Andrew Kincaid

Stadium: 6-04 2012 Andrew Kincaid

Name	Yr	Team	Finals
Finals			
1 Williams, Giovanni	12	SULT	6-02.00
2 Flegel, Aaron	12	GFAL	6-00.00
3 Heimdahl, Drew	12	LWAS	5-10.00
4 Moore, Justus	11	CEDC	J5-10.00
5 Walker, Brett	9	LWAS	5-08.00
6 Rivas, Antonio	12	SULT	J5-08.00
7 Repenn, Ryley	11	GFAL	5-06.00
8 Sanders, Brenden	11	GFAL	J5-06.00
9 Branham, Bubba	12	SULT	5-04.00
10 Gockel, Brandon	9	LWAS	5-02.00
11 Gilbert, Morgan	10	LWAS	J5-02.00
12 Zuvich, Duncan	9	CEDC	5-00.00
12 Backous, Jonathan	12	SAMM	5-00.00
14 Del Carpio, Gonzalo	12	LWAS	J5-00.00
14 Jackson, Noah	11	SAMM	J5-00.00
14 Roa, Chris	10	LWAS	J5-00.00

Boys Pole Vault

Stadium: 15-00S 2012 Nathan Dunford

Name	Yr	Team	Finals
Finals			
1 Campbell, Tysen	12	GFAL	13-00.00
2 Krueger, Rory	11	ARCH	J13-00.00
3 Hineline, Matthew	10	CEDC	12-00.00
4 Muhlestein, Ethan	11	LWAS	10-06.00
5 Addington, Ryan	11	SULT	10-00.00
6 Barrus, Jacob	11	SULT	J10-00.00
7 Tremel, George	12	LKWD	9-00.00
8 Smith, Jon	10	GFAL	8-06.00
8 Chu, Tyler	11	ARCH	8-06.00
10 Vicars, Quin	9	SULT	J8-06.00
--- Gilbert, Morgan	10	LWAS	NH
--- Wung, Stanley	11	LKWD	NH
--- Mosteller, Drake	12	LKWD	NH
--- Smith, Connor	12	LKWD	NH

Boys Long Jump

Stadium: 21-10.75S 2008 Thomas Kassa

LaneName	Yr	Team	Finals
Finals			
1 Dickey, Josh	10	LKWD	19-11.00
2 Hoidal, Jared	9	LKWD	19-09.00
3 McVay, Kendric	12	SAMM	19-06.50
4 Bustad, Brett	11	LKWD	J19-06.50
5 Branham, Bubba	12	SULT	19-05.00
6 Lin, Jeffrey	12	LWAS	19-04.25
7 Flegel, Aaron	12	GFAL	18-11.50
8 Holsing, Riley	12	GFAL	18-02.75
9 Roa, Chris	10	LWAS	17-04.50
10 Cichoski, Jerron	11	LKWD	17-02.00
11 Golovin, Alex	11	LKWD	17-01.50
12 Aikens, Zealand	11	SAMM	16-03.00
13 Chu, Tyler	11	ARCH	15-07.75
14 Le, David	9	LKWD	15-02.50
--- Jackson, Keana	12	LKWD	ND

Boys Triple Jump

Stadium: 46-04.25S 2010 Will Hallberg

LaneName	Yr	Team	Finals
Finals			
1 Bustad, Brett	11	LKWD	41-08.50
2 Holsing, Riley	12	GFAL	40-11.00
3 Jackson, Noah	11	SAMM	39-05.25
4 Brewer, Kelson	10	LKWD	38-07.25
5 Muhlestein, Ethan	11	LWAS	37-08.00
6 Le, David	9	LKWD	37-01.75
7 Golovin, Alex	11	LKWD	36-11.00
8 Malcolm, Forrest	10	LWAS	36-07.25
9 Watts, Blake	11	LKWD	36-00.00
10 Schireman, Paul	9	ARCH	35-04.00
11 Zupke, Peter	10	ARCH	35-03.00
12 Golden, Ryan	9	CEDC	35-02.00
13 Cichoski, Jerron	11	LKWD	34-09.25
14 Aikens, Zealand	11	SAMM	31-11.25
15 Tharp, Zachary	10	ARCH	30-08.75
16 Bean, Brett	10	ARCH	30-03.00

Boys Shot Put

Stadium: 56-01S 2009 Freddie Stevens

LaneName	Yr	Team	Finals
Finals			
1 Donohue, Dylan	12	LKWD	49-10.75
2 Jahnke, Nick	12	LWAS	46-09.75
3 Knott, Kalan	11	LKWD	45-03.00
4 Singstad, Kris	12	LWAS	45-02.25
5 Renfro, Sean	10	LKWD	42-04.50
6 Poyner, Michael	12	GFAL	41-04.25
7 Nelson, Tristan	12	LKWD	40-10.50
8 Jackson, Dilin	12	LKWD	40-06.75
9 Golovin, Alex	11	LKWD	40-01.25
10 Routon, Mark	12	LWAS	38-10.75
11 Somers, Sam	11	CEDC	38-09.00

12 Mansanarez, Victor	10	LWAS	38-02.50
13 Jira, Jordan	10	LKWD	37-08.25
14 Funderburk, Skylar	12	SULT	37-07.25
15 Burbee, Alec	11	LKWD	36-05.25
16 Provencher, Sebastian	10	SULT	33-09.50

Boys Discus Throw

Stadium: 171-09S 2008 Nick Lohse

LaneName	Yr	Team	Finals
Finals			
1 Burbee, Alec	11	LKWD	133-09
2 Somers, Sam	11	CEDC	129-10
3 Poyner, Michael	12	GFAL	127-10
4 Nelson, Tristan	12	LKWD	127-08
5 Zuvich, Alex	12	CEDC	126-02
6 Donohue, Dylan	12	LKWD	118-04
7 Vantol, David	12	LKWD	116-10
8 Singstad, Kris	12	LWAS	112-06
9 Kooyman, Dietrick	10	LKWD	101-03
10 Barnes, Torjan	10	CEDC	96-00
11 Provencher, Sebastian	10	SULT	89-00
12 Flores, Cesar	12	SAMM	88-10
13 Zuvich, Duncan	9	CEDC	J88-10
14 Thompson, Cashton	11	LWAS	88-00
15 Renfro, Sean	10	LKWD	85-02
--- Jira, Jordan	10	LKWD	ND

Boys Javelin Throw

Stadium: 202-10S 2006 Michael Davis

Stadium: 202-10S 2010 Curtis Clauson

LaneName	Yr	Team	Finals
Finals			
1 Stich, Andrew	12	LKWD	169-05
2 Daviscourt, Dylan	10	ARCH	156-10
3 Poyner, Michael	12	GFAL	154-03
4 Gockel, Brandon	9	LWAS	145-07
5 Raz, Mike	12	LKWD	144-11
6 Baer, Maxwell	12	ARCH	140-03
7 Barnes, Torjan	10	CEDC	137-08
8 McDonald, Charles	10	ARCH	137-01
9 Lord, Gary	12	ARCH	133-09
10 Chaves, Drake	11	LKWD	121-08
11 McVickar, Timothy	12	ARCH	119-07
12 Walker, Brett	9	LWAS	119-01
13 Haunreiter, Adrian	9	LKWD	114-11
14 Provencher, Sebastian	10	SULT	114-09
15 Le, David	9	LKWD	113-04
16 Gustafson, Justin	9	LKWD	96-05