

2016 Cascade 2A Sub District Championships - 5/11/2016 to 5/13/2016

Cedarcrest HS

Results

Event 1 Girls 4x200 Meter Relay

Stadium: 1:42.88 S 5/18/2012 Sehome

K Thomas, H Tarleton, S DeBacker, S Dolese

Team	Relay	Finals
1	Granite Falls	1:49.85 10
2	Cedarcrest	1:50.00 8
3	Lakewood	1:54.60 6
4	Archbishop Murphy	2:01.20 5

Event 2 Boys 110 Meter Hurdles

Stadium: 14.94 S 2007 Nick Snyder

Name	Yr	School	Finals
1	Kelson Brewer	12 Lakewood	16.48 10
2	Cole Nelson	10 Lakewood	18.63 8
3	Pablo Acedo	11 Lakewood	18.89 6
4	Riley Dawes	12 Archbishop M	18.96 5
5	Joseph Knoth	9 Lakewood	23.26 4

Event 3 Girls 100 Meter Hurdles

Stadium: 14.89 S 5/15/2009 Sarah Schireman

Name	Yr	School	Finals
1	Dayana Diaz	10 Granite Fall	16.50 10
2	Josephine Cox	11 Lakewood	16.55 8
3	Stephanie Smith	12 Lakewood	16.83 6
4	Kaylah Hogle	11 Archbishop M	18.50 5
5	Destiny Mack	12 Lakewood	20.94 4
6	Lindsey Atkinson	11 Granite Fall	21.50 3

Event 4 Boys 100 Meter Dash

Stadium: 10.98 S 5/5/2016 Caleb Perry

Stadium: 10.98 S 5/23/2014 Daniel Ziegler

Stadium: 10.98 S 5/15/2015 Josh Dickey

Name	Yr	School	Prelims
1	Cruz Griffin	12 Lakewood	11.22Q
2	Tyler Courtney	12 Lakewood	11.60Q
3	Dave Boak	11 Cedarcrest	11.61Q
4	Max Kelleher	10 Archbishop M	11.71Q
5	Prieuer Pretorius	12 Archbishop M	11.86Q
6	Daylin Pierce	9 Granite Fall	11.90Q
7	Max Cunniff	10 Cedarcrest	11.91q
8	George Toponce	10 Lakewood	12.04q
9	Kyle Malone	12 Archbishop M	12.10
10	Jordan Gonzales	9 Lakewood	12.46
11	Alex Jakubek	9 Cedarcrest	12.53
12	Blake Nixon	12 Archbishop M	12.54
13	Jackson Armstrong	10 Cedarcrest	12.62
14	Kaelin Nelson	9 Lakewood	12.71
15	Kevin Stokes	10 Lakewood	12.72
16	Bennett Smith	11 Cedarcrest	12.91

Event 4 Boys 100 Meter Dash

Stadium: 10.98 S 5/5/2016 Caleb Perry

Stadium: 10.98 S 5/23/2014 Daniel Ziegler

Stadium: 10.98 S 5/15/2015 Josh Dickey

Name	Yr	School	Finals
1	Cruz Griffin	12 Lakewood	11.19 10
2	Tyler Courtney	12 Lakewood	11.32 8
3	Dave Boak	11 Cedarcrest	11.47 6
4	Prieuer Pretorius	12 Archbishop M	11.70 5
5	George Toponce	10 Lakewood	11.87 4
6	Max Kelleher	10 Archbishop M	11.87 3
7	Max Cunniff	10 Cedarcrest	11.89 2
8	Daylin Pierce	9 Granite Fall	12.71 1

Event 5 Girls 100 Meter Dash

Stadium: 12.22 S 5/18/2012 Cherish Morrison

Name	Yr	School	Prelims
1	Yareli Ochoa	10 Lakewood	13.27Q
2	Tayla Weaver	11 Cedarcrest	13.55Q
3	Claire Doud	9 Archbishop M	13.61Q
4	Tia Asher	9 Archbishop M	13.68Q
5	Stella Seth	9 Lakewood	13.72Q
6	Lauren Krause	9 Cedarcrest	13.96Q
7	Taylor Storms	12 Lakewood	13.89q
8	Jaime Cymbaluk	11 Archbishop M	14.00q
9	Kat Hegnes	12 Lakewood	14.23
10	Marissa Baer	12 Archbishop M	14.30
11	Pauline Beaupre	12 Cedarcrest	14.37
12	Brittany Ligman	11 Archbishop M	14.54
13	Morelia Cortes	9 Granite Fall	15.04
14	Alea Tran	10 Archbishop M	15.25

Event 5 Girls 100 Meter Dash

Stadium: 12.22 S 5/18/2012 Cherish Morrison

Name	Yr	School	Finals
1	Yareli Ochoa	10 Lakewood	13.03 10
2	Tayla Weaver	11 Cedarcrest	13.13 8
3	Tia Asher	9 Archbishop M	13.18 6
4	Claire Doud	9 Archbishop M	13.45 5
5	Stella Seth	9 Lakewood	13.54 4
6	Lauren Krause	9 Cedarcrest	13.59 3
7	Taylor Storms	12 Lakewood	13.77 2
8	Jaime Cymbaluk	11 Archbishop M	13.94 1

Event 6 Boys 1600 Meter Run

Stadium: 4:19.53 S 5/14/2008 Mason McHenry

Name	Yr	School	Finals
1	Joshua Rauvola	10 Archbishop M	4:20.42 10
2	Ian Fay	11 Cedarcrest	4:33.26 8
3	Grant Van Valkenburg	10 Cedarcrest	4:38.14 6
4	Ben Benson	10 Cedarcrest	4:39.68 5

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Finals ... (Event 6 Boys 1600 Meter Run)

Name	Yr	School	Finals	
5 James Hafner	11	Lakewood	4:43.19	4
6 Anthony Meza	11	Lakewood	4:47.49	3
7 James Klinman	10	Granite Fall	4:53.80	2
8 Aiden Holm	10	Granite Fall	4:55.43	1
9 Vincent Dams	12	Cedarcrest	4:55.74	
10 Daniel Murphy	10	Cedarcrest	4:55.98	
11 Austin Ward	10	Cedarcrest	4:56.64	
12 Emmett Klaiber	10	Cedarcrest	4:58.22	
13 Justin Young	10	Cedarcrest	4:58.23	
14 Simon Fraser	12	Cedarcrest	4:58.64	
15 Dylan DeVon	10	Lakewood	5:02.38	
16 Justin Statile	11	Archbishop M	5:19.76	

Event 7 Girls 1600 Meter Run

Stadium: 5:07.03 S 5/16/2012 Brittany Gappa

Name	Yr	School	Finals	
Finals				
1 Lilly Whitehead	12	Lakewood	5:31.43	10
2 Madi Shinn	11	Cedarcrest	5:33.20	8
3 Kelly Hall	10	Cedarcrest	5:34.36	6
4 Cecelia Kiesow	9	Cedarcrest	5:34.90	5
5 Alaina Hines	11	Archbishop M	5:39.72	4
6 Teresa Barron	11	Archbishop M	5:44.09	3
7 Megan Dorney	10	Archbishop M	5:44.23	2
8 Lily Krueger	11	Cedarcrest	5:48.30	1
9 MaryCate Babcock	10	Cedarcrest	5:53.41	
10 Spencer Wirkkala	10	Granite Fall	5:59.19	
11 Kate Vergillo	10	Cedarcrest	6:00.55	
12 Mackenzie Ryan	10	Archbishop M	6:00.62	
13 Keely Hall	11	Lakewood	6:09.44	
14 Palina Buchanan	10	Lakewood	6:09.71	
15 Greta Klaiber	11	Cedarcrest	6:09.86	
16 Alicia Krivanek	10	Cedarcrest	6:14.20	

Event 8 Boys 4x100 Meter Relay

Stadium: 43.46 S 5/16/2008 Lynden

B Bomber, J DeWitt, B Bomber, J Weeks

Team	Relay	Finals	
Finals			
1 Cedarcrest		43.75	10
2 Lakewood		44.07	8
3 Archbishop Murphy		47.59	6

Event 9 Girls 4x100 Meter Relay

Stadium: 48.83 S 5/18/2012 Sehome

K Thomas, H Tarleton, S DeBacker, S Dolese

Team	Relay	Finals	
Finals			
1 Archbishop Murphy		51.52	10
2 Lakewood		53.51	8
--- Granite Falls		DQ	

Event 10 Boys 400 Meter Dash

Stadium: 49.16 S 5/9/2008 Devon Smith

Name	Yr	School	Prelims
Preliminaries			
1 Dante Gadbois	12	Granite Fall	51.26Q
2 Joey Hixon	12	Cedarcrest	52.32Q
3 Ryan Golden	11	Cedarcrest	53.56Q
4 Max Kelleher	10	Archbishop M	54.82Q
5 Callum Walker	10	Cedarcrest	55.48Q
6 Jacob Lewis	11	Archbishop M	56.02Q
7 Dawson Kuntz	9	Granite Fall	56.47q
8 Jordan Gonzales	9	Lakewood	56.96q
9 Josh Klingsheim	11	Cedarcrest	57.30
10 Colin Guy	9	Archbishop M	57.86
11 Jonathan Aaby	10	Archbishop M	57.96
12 Jacob Henry	9	Cedarcrest	58.38
13 Daniel Crawford	9	Lakewood	60.94
14 Kaelin Nelson	9	Lakewood	62.50
15 Jaeden Garmanian	10	Archbishop M	64.31

Event 10 Boys 400 Meter Dash

Stadium: 49.16 S 5/9/2008 Devon Smith

Name	Yr	School	Finals
Finals			
1 Dante Gadbois	12	Granite Fall	51.29 10
2 Joey Hixon	12	Cedarcrest	51.97 8
3 Max Kelleher	10	Archbishop M	53.65 6
4 Ryan Golden	11	Cedarcrest	54.65 5
5 Jacob Lewis	11	Archbishop M	54.97 4
6 Callum Walker	10	Cedarcrest	55.04 3
7 Jordan Gonzales	9	Lakewood	55.45 2
8 Dawson Kuntz	9	Granite Fall	56.49 1

Event 11 Girls 400 Meter Dash

Stadium: 57.06 S 5/18/2012 Cherish Morrison

Name	Yr	School	Finals
Finals			
1 Briana Devereaux	11	Cedarcrest	59.92 10
2 Tia Asher	9	Archbishop M	60.36 8
3 Bethany Fisher	11	Lakewood	63.66 6
4 Alison Swift	10	Cedarcrest	65.66 5
5 Brittany Mayer	9	Granite Fall	67.49 4
6 Megan Woldstad	9	Granite Fall	69.79 3

Event 12 Boys 300 Meter Hurdles

Stadium: 38.65 S 5/14/2010 Curtis Clauson

Name	Yr	School	Finals
Finals			
1 Kelson Brewer	12	Lakewood	40.56 10
2 Gunnar Schultz	11	Cedarcrest	41.42 8
3 Cole Nelson	10	Lakewood	46.47 6
4 Riley Dawes	12	Archbishop M	48.94 5
5 Pablo Acedo	11	Lakewood	49.84 4
6 Joseph Knoth	9	Lakewood	63.40 3

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Event 13 Girls 300 Meter Hurdles

Stadium: 45.39 S 5/16/2008 Sarah Schireman

Name	Yr	School	Finals
Finals			
1 Dayana Diaz	10	Granite Fall	46.79 10
2 Stephanie Smith	12	Lakewood	49.08 8
3 Kianna Garmanian	12	Archbishop M	49.83 6
4 Josephine Cox	11	Lakewood	51.76 5
5 Kaylah Hogle	11	Archbishop M	52.83 4
6 Destiny Mack	12	Lakewood	53.19 3
7 Jordyn Yowell	12	Cedarcrest	54.07 2

Event 14 Boys 800 Meter Run

Stadium: 1:52.66 S 5/16/2008 Mason McHenry

Name	Yr	School	Prelims
Preliminaries			
1 Joshua Rauvola	10	Archbishop M	2:03.60Q
2 Dante Gadbois	12	Granite Fall	2:10.78Q
3 Cameron Hammontree	11	Cedarcrest	2:05.14Q
4 Justin Young	10	Cedarcrest	2:11.91Q
5 Aiden Holm	10	Granite Fall	2:11.96Q
6 Patrick McCabe	10	Cedarcrest	2:16.34Q
7 Spencer Solvberg	10	Lakewood	2:12.37q
8 Ryan LaTurner	9	Cedarcrest	2:18.78q
9 Austin Ward	10	Cedarcrest	2:23.79
10 Shaemus Houlihan	12	Cedarcrest	2:24.29
11 Kaden Overman	10	Cedarcrest	2:25.34
12 Caleb Klingsheim	10	Cedarcrest	2:27.76
13 Jake Tisdale	9	Cedarcrest	2:28.24

Event 14 Boys 800 Meter Run

Stadium: 1:52.66 S 5/16/2008 Mason McHenry

Name	Yr	School	Finals
Finals			
1 Joshua Rauvola	10	Archbishop M	1:57.20 10
2 Cameron Hammontree	11	Cedarcrest	2:04.12 8
3 Justin Young	10	Cedarcrest	2:08.13 6
4 Aiden Holm	10	Granite Fall	2:10.92 5
5 Patrick McCabe	10	Cedarcrest	2:11.95 4
6 Spencer Solvberg	10	Lakewood	2:15.64 3
7 Ryan LaTurner	9	Cedarcrest	2:17.10 2
8 Dante Gadbois	12	Granite Fall	2:17.23 1

Event 15 Girls 800 Meter Run

Stadium: 2:15.47 S 5/16/2008 Becca Friday

Name	Yr	School	Prelims
Preliminaries			
1 Kate Vergillo	10	Cedarcrest	2:34.24Q
2 Britney Albro	12	Lakewood	2:34.80Q
3 Madi Shinn	11	Cedarcrest	2:35.18Q
4 Jerrica Chavez	11	Granite Fall	2:38.15Q
5 Teresa Barron	11	Archbishop M	2:38.07Q
6 Alaina Hines	11	Archbishop M	2:43.30Q
7 Megan Dorney	10	Archbishop M	2:42.03q
8 Kelly Hall	10	Cedarcrest	2:50.27q

9 Emily Austin	12	Archbishop M	2:51.22
10 Hunter Clark	12	Lakewood	2:55.55
11 Megan Reid	9	Cedarcrest	2:58.51
12 Addison Rackowitz	11	Lakewood	3:02.13
13 Elsa Mastrude	9	Granite Fall	3:09.78

Event 15 Girls 800 Meter Run

Stadium: 2:15.47 S 5/16/2008 Becca Friday

Name	Yr	School	Finals
Finals			
1 Madi Shinn	11	Cedarcrest	2:26.77 10
2 Britney Albro	12	Lakewood	2:28.07 8
3 Jerrica Chavez	11	Granite Fall	2:28.21 6
4 Kate Vergillo	10	Cedarcrest	2:29.13 5
5 Alaina Hines	11	Archbishop M	2:29.37 4
6 Teresa Barron	11	Archbishop M	2:30.15 3
7 Megan Dorney	10	Archbishop M	2:37.57 2
8 Kelly Hall	10	Cedarcrest	2:38.12 1

Event 16 Boys 200 Meter Dash

Stadium: 22.04 S 5/5/2016 Caleb Perry

Name	Yr	School	Prelims
Preliminaries			
1 Cruz Griffin	12	Lakewood	23.00Q
2 Joey Hixon	12	Cedarcrest	23.19Q
3 Ryan Golden	11	Cedarcrest	23.28Q
4 Dave Boak	11	Cedarcrest	23.28Q
5 Tyler Courtney	12	Lakewood	23.84Q
6 Prieuer Pretorius	12	Archbishop M	24.17Q
7 Max Cunniff	10	Cedarcrest	24.39q
8 Callum Walker	10	Cedarcrest	24.71q
9 Zach Hetherington	11	Cedarcrest	25.03
10 Kyle Malone	12	Archbishop M	25.06
11 Daylin Pierce	9	Granite Fall	25.57
12 Alex Jakubek	9	Cedarcrest	25.71
13 Kevin Stokes	10	Lakewood	25.74
14 Colin Guy	9	Archbishop M	25.78
15 Jackson Armstrong	10	Cedarcrest	26.28

Event 16 Boys 200 Meter Dash

Stadium: 22.04 S 5/5/2016 Caleb Perry

Name	Yr	School	Finals
Finals			
1 Cruz Griffin	12	Lakewood	22.55 10
2 Dave Boak	11	Cedarcrest	23.14 8
3 Tyler Courtney	12	Lakewood	23.30 6
4 Joey Hixon	12	Cedarcrest	23.42 5
5 Prieuer Pretorius	12	Archbishop M	23.75 4
6 Ryan Golden	11	Cedarcrest	23.84 3
7 Max Cunniff	10	Cedarcrest	24.34 2
8 Callum Walker	10	Cedarcrest	25.01 1

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Event 17 Girls 200 Meter Dash

Stadium: 25.01 S 5/18/2012 Cherish Morrison

Name	Yr	School	Prelims
Preliminaries			
1	Briana Devereaux	11 Cedarcrest	26.45Q
2	Tayla Weaver	11 Cedarcrest	27.13Q
3	Holly Sudol	9 Archbishop M	27.31Q
4	Kianna Garmanian	12 Archbishop M	27.91Q
5	Lauren Krause	9 Cedarcrest	28.35Q
6	Bethany Fisher	11 Lakewood	28.38Q
7	Alison Swift	10 Cedarcrest	29.28q
8	Marissa Baer	12 Archbishop M	29.29q
9	Kat Hegnes	12 Lakewood	29.43
10	Brittany Ligman	11 Archbishop M	29.88
11	Pauline Beaupre	12 Cedarcrest	29.94
12	Jordyn Yowell	12 Cedarcrest	30.17
13	Megan Woldstad	9 Granite Fall	30.20
14	Kiersten Brown	12 Archbishop M	30.74
15	Morelia Cortes	9 Granite Fall	31.44

Event 17 Girls 200 Meter Dash

Stadium: 25.01 S 5/18/2012 Cherish Morrison

Name	Yr	School	Finals
Finals			
1	Briana Devereaux	11 Cedarcrest	26.38 10
2	Tayla Weaver	11 Cedarcrest	26.91 8
3	Holly Sudol	9 Archbishop M	27.16 6
4	Kianna Garmanian	12 Archbishop M	27.37 5
5	Lauren Krause	9 Cedarcrest	28.34 4
6	Bethany Fisher	11 Lakewood	28.58 3
7	Alison Swift	10 Cedarcrest	29.60 2
8	Marissa Baer	12 Archbishop M	30.58 1

Event 18 Boys 3200 Meter Run

Stadium: 9:07.00 S 5/18/2012 Patrick Gibson

Name	Yr	School	Finals
Finals			
1	Ian Fay	11 Cedarcrest	10:01.78 10
2	Grant Van Valkenburg	10 Cedarcrest	10:08.09 8
3	Ben Benson	10 Cedarcrest	10:10.41 6
4	Anthony Meza	11 Lakewood	10:17.62 5
5	James Hafner	11 Lakewood	10:25.08 4
6	Emmett Klaiber	10 Cedarcrest	10:30.15 3
7	Daniel Murphy	10 Cedarcrest	10:51.24 2
8	James Klinman	10 Granite Fall	10:52.21 1
9	Simon Fraser	12 Cedarcrest	10:54.02
10	Dylan DeVon	10 Lakewood	10:59.65
11	Vincent Dams	12 Cedarcrest	11:09.83
12	Jackson Frank	10 Cedarcrest	11:27.03
13	Lars Candland	12 Cedarcrest	11:29.57
14	Ryan Hudson	10 Lakewood	11:52.80
15	Austin Theriault	10 Granite Fall	12:16.43

Event 19 Girls 3200 Meter Run

Stadium: 10:59.82 S 5/18/2012 Brittany Gappa

Name	Yr	School	Finals
Finals			
1	Lilly Whitehead	12 Lakewood	12:08.68 10
2	Cecelia Kiesow	9 Cedarcrest	12:21.78 8
3	Lily Krueger	11 Cedarcrest	12:28.77 6
4	Alicia Krivanek	10 Cedarcrest	12:32.49 5
5	MaryCate Babcock	10 Cedarcrest	12:40.90 4
6	Spencer Wirkkala	10 Granite Fall	12:48.54 3
7	Mackenzie Ryan	10 Archbishop M	12:52.10 2
8	Keely Hall	11 Lakewood	13:31.93 1
9	Greta Klaiber	11 Cedarcrest	13:33.99
10	Palina Buchanan	10 Lakewood	13:59.72
11	Chloe Cairns	11 Cedarcrest	14:18.32

Event 20 Boys 4x400 Meter Relay

Stadium: 3:23.08 S 5/18/2012 Squalicum

J Pfannenstiel, C Fredlund, J Malloy, K Reed

Team	Relay	Finals
Finals		
1	Cedarcrest	3:42.72 10
2	Archbishop Murphy	3:45.04 8
3	Granite Falls	3:48.59 6
4	Lakewood	3:58.16 5

Event 21 Girls 4x400 Meter Relay

Stadium: 3:58.70 S 5/18/2012 Blaine

K Villars, O Adams, O Olason, C Morrison

Team	Relay	Finals
Finals		
1	Granite Falls	4:22.33 10
2	Cedarcrest	4:26.86 8
3	Lakewood	4:36.22 6
4	Archbishop Murphy	4:42.36 5

Event 22 Girls Discus Throw

Stadium: 141-00 S 5/16/2012 Gina Flint

Name	Yr	School	Finals
Finals			
1	Megan Fenton	12 Lakewood	115-09 10
2	Morgan Shimkus	12 Lakewood	100-03 8
3	Reille Jones	12 Lakewood	98-02 6
4	Reyna Ramirez	12 Cedarcrest	86-06 5
5	Mieke Van Ess	11 Cedarcrest	83-11 4
6	Stella Seth	9 Lakewood	75-08 3
7	Tessa Thom	11 Granite Fall	74-03 2
8	Reilly Krueger	12 Archbishop M	72-10 1
9	Laurel Goodwin	11 Cedarcrest	71-02
10	Lindsey Atkinson	11 Granite Fall	60-11
11	Meaghan Hyatt	12 Archbishop M	59-11
12	Drew Benzion	11 Granite Fall	53-06
13	Emily Booth	9 Granite Fall	37-03
14	Jennifer Martin	10 Cedarcrest	28-01

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Event 23 Boys Long Jump

Stadium: 21-10.75 S 5/14/2008 Thomas Kassa

Name	Yr	School	Finals
Finals			
1 Cruz Griffin	12	Lakewood	19-03.75 10
2 George Toponce	10	Lakewood	19-01.75 8
3 Paul Schireman	11	Archbishop M	19-00.75 6
4 Niceway Peng	11	Archbishop M	19-00.50 5
5 Samson Irish-Lodge	9	Archbishop M	18-10.00 4
6 Brendan Van Mechelen	12	Granite Fall	17-11.25 3
7 Jeffrey Hepner	12	Cedarcrest	17-08.75 2
8 Duncan Zuvich	11	Cedarcrest	17-07.00 1
9 Alec Playstead	10	Cedarcrest	17-02.00
10 Nathan Caferro	10	Archbishop M	16-01.25
11 Jaeden Garmanian	10	Archbishop M	15-11.00
12 Jaden Pegueros Warden	10	Cedarcrest	15-09.00
13 Sam Johnson	9	Archbishop M	15-05.25
14 Davis Allick	10	Cedarcrest	15-00.00
--- Daemyan Craig	9	Archbishop M	ND
--- Zach Tharp	12	Archbishop M	ND

Event 24 Boys Pole Vault

Stadium: 15-03 S 5/21/2014 Sam Humphreys

Name	Yr	School	Finals
Finals			
1 Matthew Hinline	12	Cedarcrest	12-00.00 10
2 Chris Reynaud	11	Archbishop M	11-06.00 8
3 Jon Smith	12	Granite Fall	11-00.00 6
4 Dylan Madan	10	Lakewood	J11-00.00 5
5 Duncan Zuvich	11	Cedarcrest	10-00.00 4
6 Austin Hudson	12	Lakewood	9-06.00 3
7 Bo Lane	12	Lakewood	9-00.00 2
8 Justin Labrecque	10	Lakewood	J9-00.00 1
9 Zac Malcom	11	Cedarcrest	8-06.00
10 Vincent Allen	9	Lakewood	8-00.00

Event 25 Girls Triple Jump

Stadium: 37-02.50 S 5/13/2009 Sarah Schireman

Name	Yr	School	Finals
Finals			
1 Alexis Perry	12	Lakewood	32-06.00 10
2 Madalyn Massena	11	Granite Fall	31-08.50 8
3 Shannara Brown	9	Granite Fall	29-06.00 6
4 Mattea Potter	9	Granite Fall	28-03.50 5

Event 26 Girls High Jump

Stadium: 5-03 S 2003 Kara Bennett

Name	Yr	School	Finals
Finals			
1 Yareli Ochoa	10	Lakewood	4-10.00 10
2 Hayley Hansen	11	Granite Fall	4-08.00 8
3 Holly Sudol	9	Archbishop M	4-06.00 6
4 Grace Howell	11	Archbishop M	J4-06.00 5
5 Regan Krueger	11	Archbishop M	J4-04.00 3.5
5 Jaime Cymbaluk	11	Archbishop M	J4-04.00 3.5

7 Reilly Krueger	12	Archbishop M	J4-02.00 1.5
7 Megan Budig	12	Cedarcrest	J4-02.00 1.5
9 Emma Seth	10	Lakewood	J4-02.00
9 Mattea Potter	9	Granite Fall	J4-02.00
--- Meaghan Hyatt	12	Archbishop M	NH
--- Talia Diagle	11	Archbishop M	NH

Event 27 Boys Discus Throw

Stadium: 171-09 S 5/16/2012 Nick Majeske

Name	Yr	School	Finals
Finals			
1 Martin Napeahi	10	Archbishop M	136-01 10
2 Kobe Moorhead	10	Archbishop M	126-10 8
3 Cole Nelson	10	Lakewood	124-06 6
4 Evan Bartlett	10	Lakewood	121-04 5
5 Torjan Barnes	12	Cedarcrest	116-07 4
6 Brock Schubert	11	Lakewood	115-10 3
7 Dietrick Kooyman	12	Lakewood	115-08 2
8 Camden Burbee	10	Lakewood	114-11 1
9 Gunnar Schultz	11	Cedarcrest	112-02
10 Garret Nelson	10	Cedarcrest	101-05
11 Quinton Sanders	11	Granite Fall	95-10
12 Gentry Price	12	Cedarcrest	94-11
13 JP Land-Quinn	9	Archbishop M	93-10
14 Austin Hudson	12	Lakewood	92-01
15 Grant Soule	10	Cedarcrest	85-00
--- Billy Main	11	Lakewood	ND

Event 28 Boys Shot Put

Stadium: 56-01 S 5/15/2009 Freddie Stevens

Name	Yr	School	Finals
Finals			
1 Kobe Moorhead	10	Archbishop M	47-02.75 10
2 Martin Napeahi	10	Archbishop M	44-03.50 8
3 Evan Bartlett	10	Lakewood	42-04.25 6
4 Billy Main	11	Lakewood	40-10.75 5
5 Brock Schubert	11	Lakewood	40-03.75 4
6 JP Land-Quinn	9	Archbishop M	39-10.25 3
7 Grant Soule	10	Cedarcrest	38-04.00 2
8 Zander Yarnell	11	Lakewood	37-09.75 1
9 Dietrick Kooyman	12	Lakewood	37-06.25
10 Bradley Gray	11	Cedarcrest	36-01.50
11 Gentry Price	12	Cedarcrest	35-07.00
12 Will Raphael	11	Lakewood	35-01.00
13 Louis McKenzie	12	Granite Fall	34-01.75
14 Camden Burbee	10	Lakewood	31-04.50
15 Chase Conyers	11	Lakewood	30-07.75
16 Garret Nelson	10	Cedarcrest	30-04.00

Event 29 Girls Long Jump

Stadium: 18-02.75 S 5/15/2009 Sarah Schireman

Name	Yr	School	Finals
Finals			
1 Yareli Ochoa	10	Lakewood	16-03.00 10
2 Briana Devereaux	11	Cedarcrest	16-00.50 8
3 Holly Sudol	9	Archbishop M	15-09.00 6

2016 Cascade 2A Sub District Championships - 5/11/2016 to 5/13/2016

Cedarcrest HS

Results

Finals ... (Event 29 Girls Long Jump)

Name	Yr	School	Finals	
4 Stephanie Smith	12	Lakewood	14-11.50	5
5 Claire Doud	9	Archbishop M	14-10.50	4
6 Marissa Baer	12	Archbishop M	14-09.50	3
7 Taylor Storms	12	Lakewood	14-07.00	2
8 Emily Senyitko	10	Lakewood	14-06.25	1
9 Madalyn Massena	11	Granite Fall	14-03.50	
10 Mattea Potter	9	Granite Fall	13-11.00	
11 Lauren Krause	9	Cedarcrest	13-08.50	
12 Pauline Beaupre	12	Cedarcrest	13-05.75	
13 Sophie Paradis	10	Cedarcrest	13-00.50	
14 Kristin Marilley	9	Archbishop M	12-07.00	
15 Shannara Brown	9	Granite Fall	12-03.75	
16 Mickayla Lindquist	9	Granite Fall	10-11.00	

Event 30 Girls Pole Vault

Stadium: 13-01 S 5/23/2014 Kirsten Webber

Name	Yr	School	Finals	
1 Kelsey Bassett	10	Granite Fall	10-06.00	10
2 Morgan Shimkus	12	Lakewood	10-00.00	8
3 Alexis Perry	12	Lakewood	J10-00.00	6
4 Regan Krueger	11	Archbishop M	9-06.00	5
5 Grace Howell	11	Archbishop M	9-00.00	4
6 Keara Mulvaney	11	Archbishop M	8-00.00	2.5
6 Jacqueline Manning	12	Archbishop M	8-00.00	2.5
8 Megan Budig	12	Cedarcrest	J8-00.00	1
9 Tessa Thom	11	Granite Fall	7-06.00	
10 Emma Seth	10	Lakewood	7-00.00	
10 Ez Farias	12	Cedarcrest	7-00.00	
12 Addison Rackowitz	11	Lakewood	J7-00.00	
13 Sophie Paradis	10	Cedarcrest	J7-00.00	
--- Reilly Krueger	12	Archbishop M	NH	
--- Ottilie Candau	10	Cedarcrest	NH	
--- Mickayla Lindquist	9	Granite Fall	NH	

Event 31 Boys Triple Jump

Stadium: 46-04.25 S 2010 Will Hallberg

Name	Yr	School	Finals	
1 Jeffrey Hepner	12	Cedarcrest	39-07.50	10
2 Brendan Van Mechelen	12	Granite Fall	37-10.75	8
3 Duncan Zuvich	11	Cedarcrest	37-09.00	6
4 Alec Playstead	10	Cedarcrest	35-03.00	5
5 Zach Tharp	12	Archbishop M	32-01.75	4

Event 32 Boys High Jump

Stadium: 6-04 S 5/18/2012 Justin Peterson

Stadium: 6-04 S 2005 Andrew Kincaid

Stadium: 6-04 S 2009 Jackson Pleis

Name	Yr	School	Finals	
1 Duncan Zuvich	11	Cedarcrest	5-06.00	10
2 Quinton Sanders	11	Granite Fall	J5-06.00	8
3 Ryan LaTurner	9	Cedarcrest	5-02.00	6

4 Nathan Caferro	10	Archbishop M	5-00.00	5
--- Chris Reynaud	11	Archbishop M	NH	
--- David Le	11	Lakewood	NH	
--- Jaeden Garmanian	10	Archbishop M	NH	

Event 33 Girls Javelin Throw

Stadium: 130-00 S 2007

Danielle Clauson

Name	Yr	School	Finals	
1 Paige Shimkus	10	Lakewood	119-06	10
2 Judy Amaral	11	Cedarcrest	115-06	8
3 Abby Coomer	11	Cedarcrest	112-10	6
4 Sophia Guinn	11	Lakewood	112-00	5
5 Kianna Garmanian	12	Archbishop M	111-03	4
6 Autumn Jensen	11	Lakewood	101-02	3
7 Reyna Ramirez	12	Cedarcrest	100-05	2
8 Megan Fenton	12	Lakewood	92-04	1
9 Hayley Hansen	11	Granite Fall	91-06	
10 Mikaela Robbins	11	Lakewood	84-06	
11 Ruby Rosario	10	Archbishop M	79-00	
12 Meghan Schwartz	10	Granite Fall	75-11	
13 Kelsey Bassett	10	Granite Fall	75-07	
14 Tessa Thom	11	Granite Fall	72-11	
15 Kloey Simons	9	Lakewood	71-00	
16 Michaela Heuslein	10	Granite Fall	53-11	

Event 34 Boys Javelin Throw

Stadium: 202-10 S 2006

Michael Davis

Stadium: 202-10 S 5/14/2010 Curtis Clauson

Name	Yr	School	Finals	
1 Derek Heil	11	Lakewood	156-01	10
2 Blake Nixon	12	Archbishop M	154-09	8
3 Dylan Daviscourt	12	Archbishop M	154-02	6
4 Brock Schubert	11	Lakewood	149-03	5
5 Torjan Barnes	12	Cedarcrest	147-00	4
6 Duncan Stevenson	12	Archbishop M	144-08	3
7 John McVickar	12	Archbishop M	135-01	2
8 Ben Aleo	10	Lakewood	133-11	1
9 Jacob Stenberg	11	Lakewood	130-06	
10 Quinton Sanders	11	Granite Fall	126-10	
11 Will Raphael	11	Lakewood	124-10	
12 Kyle Malone	12	Archbishop M	123-10	
13 Zach Hetherington	11	Cedarcrest	119-05	
14 Louis McKenzie	12	Granite Fall	118-02	
--- David Le	11	Lakewood	ND	
--- Charles McDonald	12	Archbishop M	ND	

Event 35 Girls Shot Put

Stadium: 45-07.75 S 5/18/2012 Gina Flint

Name	Yr	School	Finals	
1 Reille Jones	12	Lakewood	38-01.00	10
2 Morgan Shimkus	12	Lakewood	34-00.00	8
3 Hayley Hansen	11	Granite Fall	31-07.00	6
4 Mieke Van Ess	11	Cedarcrest	31-01.75	5

2016 Cascade 2A Sub District Championships - 5/11/2016 to 5/13/2016**Cedarcrest HS****Results****Finals ... (Event 35 Girls Shot Put)**

Name	Yr	School	Finals	
5 Reyna Ramirez	12	Cedarcrest	28-05.00	4
6 Laurel Goodwin	11	Cedarcrest	25-11.50	3
7 Judy Amaral	11	Cedarcrest	22-02.50	2
8 Lindsey Atkinson	11	Granite Fall	21-06.25	1
9 Emily Booth	9	Granite Fall	16-05.25	

Women - Team Rankings - 18 Events Scored

1) Lakewood	224
2) Cedarcrest	176.5
3) Archbishop Murphy	138.5
4) Granite Falls	105

Men - Team Rankings - 17 Events Scored

1) Cedarcrest	203
2) Lakewood	201
3) Archbishop Murphy	156
4) Granite Falls	53